

## Preface

This lively Sanctus hymn is based on an eight-bar hosanna from Botswana (bars 1–3 of part B, bars 1–4 of part C). The choral arrangement uses additional music and text to expand these catchy bars, which encourage everyone to sing along, into a groovy hymn of praise. At the same time a powerful solo part can enter ad lib into a rousing musical dialogue with the choir – listen to the choral interpretation on the CD Ethno Mass for peace, [www.helbling.com](http://www.helbling.com).

## Choreography for the choir

### Part A:

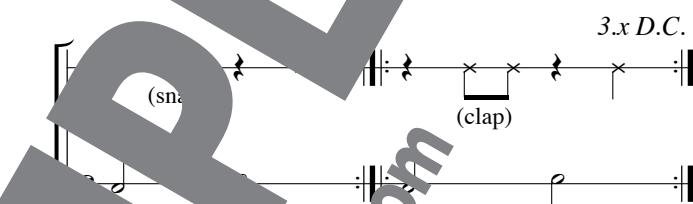
Bars 1/2, 5/6: cross the hands on the chest

Bars 3/4, 7/8: spread the hands to the front



### Part B:

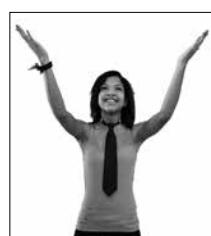
sing with lively body percussion



### Part C:

Bars 21/22, 25/26, 28,...: raise hands as if in prayer slowly above the head

Bars 23/24, 27, 29,...: lower and spread the hands to the front



### Teil A:

#### Takte 1/2, 5/6:

Hände gekreuzt an der Brust legen

Takte 3/4, 7/8: Hände nach vorne ausbreiten

3.x D.C.

### Teil B:

Singen mit bewegter Bodypercussion

## Sana, Sananina, Praise the Lord

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## Lyrics: Based on an African Gospel from Botswana

## SAA a cappella, Percussion ad lib

Music: Based on an  
African Gospel from Botswana  
Adaption and Arrangement:  
Hans Maierhofer

**A** Joyfully  $\text{♩} = \text{ca. } 108$

S

A1

A2

Piano/Klavier  
(for rehearsals)

*Sa - na, sa - na, sing and*

*Sa - na, sa - na, oh sa - na, na. Sa - na, sa - na, sing and*

*cross the hands on the chest /  
Hände gekreuzt an die Brust legen*

*spread the hands to the front /  
Hände nach vorne ausbreiten*



8

**B**

na! Let's sing! — Sa-na, sa - na - ni - na, sa - na, sa - na, sa - na — Oh

na! Sa-na, sa - na - ni - na, sa - na, sa - na — a - na — Oh

na! Sa-na, sa - na - ni - na, sa - na, — na, a - na, sa - na - ni - na,

(snap) (snap)

F B♭ E♭ B

12

sa - ni - na. — Sa-na, — na, sa-na, sa-na, sa-na — Oh sa - ni - na. —

sa - ni - na. — Sa-na, — na, sa-na, sa-na — Oh sa - ni - na. —

sa - ni - na. — Sa-na, — na, sa-na, sa-na, oh, sa-na, sa-na - ni - na, sa - ni - na. —

A♭ B♭ B♭ F E♭ B♭ A♭ B♭



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Sa-na, sa-na-ni-na, sa-na, sa-na, sa-na. \_\_\_\_\_

Sa-na, sa-na-ni-na, sa-na, sa-na, sa-na. \_\_\_\_\_

Sa-na, sa-na-ni-na, sa-na, sa-na, oh, sa- \_\_\_\_\_

Sa-na, sa-na-ni-na, sa-na, sa-na, oh, sa- \_\_\_\_\_

B♭ F E♭ B♭ A♭ B♭

mf

the Lord! Sa -

Let's praise the Lord! Sa -

praise the Lord! Sa -

21 C

na, sa-na, sa-na-ni-na. Sa-na, sa-na, sa-na. \_\_\_\_\_

na, sa-na, sa-na-ni-na. Sa-na, sa-na, sa-na. \_\_\_\_\_

na, sa-na, sa-na-ni-na. Sa-na, sa-na, sa-na, \_\_\_\_\_

raise hands in prayer slowly high above the head /  
wie betend geheben Hände aufstellen, entweder den Kopf führen

lower and spread the hands to the front /  
Hände absteigend nach vorne ausbreiten

F7 B♭ B♭ F7 B♭



25

na, sa - na, sa - na, sa - na - ni - na. Sa - na, sa - na, sa - na.

na, sa - na, sa - na, sa - na - ni - na. Sa - na, sa - na, sa - na.

na, sa - na, sa - na, sa - na - ni - na. Sa - na, sa - na, sa - na.

F7 B♭ F7

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— sa-na, sa-na. —

— Oh let us sing ho-san. Sa-na, sa-na, sa-na. — Oh, sa-na, sa-na, sa-na. Sa-na, sa-na, sa-na. —

— sa-na, sa-na, sa-na. —

— Sa-na, sa-na, sa-na. —

B♭ F7 B♭ 1.  
F7 B♭ 8

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2./Ending

repeat and improvise a rit.

Sa-na, sa - na, sa - na. Sa-na, sa - na, sa - na. Sa-na, sa - na, sa - na. Sa-na, sa - na, sa - na!

Sa-na, sa - na, sa - na. Sa-na, sa - na, sa - na. Sa-na, sa - na, sa - na. Sa-na! Sa - na!

Sa-na, sa - na, sa - na. Sa-na, sa - na, sa - na. Sa-na, a - al Sa - na!

B♭ F7 B♭ 2./Ending B♭ F7 B♭ F7 B♭ F7 B♭ rit. 8

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- The cry of hosanna can be creatively expanded by improvisation. A further verse (D.C.) is sung on whole-tone higher (in C).

- Der Hosanna-Ruf kann improvisierend kreativ erweitert werden. Eine weitere Strophe (D.C.) wird einen Ganzton höher gesungen (in C).

**Rhythmical accompaniment ad lib.**

### Rhythmische Begleitung

Rhythmical Bars 26.

Rhythmische Übungsschreicherkunde für das Jahr 21/22 und 25/26.

