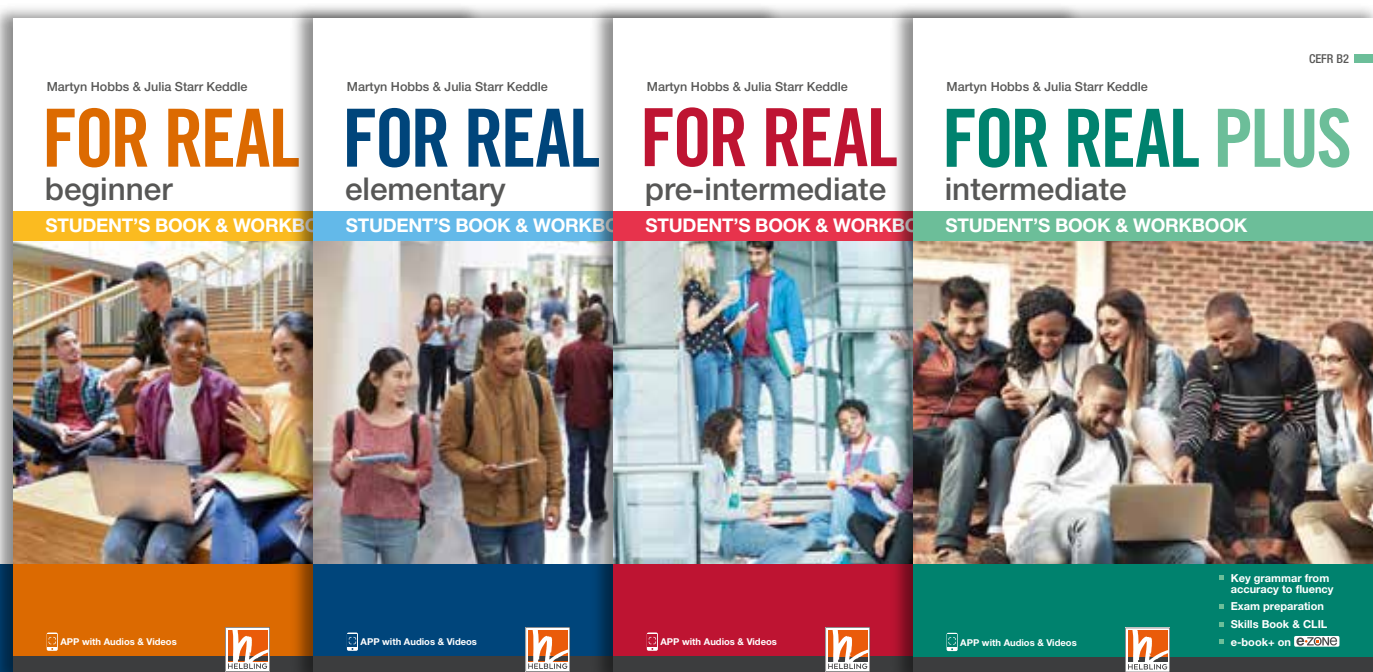


FOR REAL PLUS

Skills for life



**THE NEW HELBLING COURSE
FOR YOUNG ADULTS AND TEENS**



FOR REAL PLUS

Based on the successful *For Real* series, revised and updated, *For Real Plus* is the course to equip your students for the 21st Century.

- Motivating, **up-to-date themes** to get students thinking and talking.
- Fresh, easy to use **design** for effective teaching and learning.
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- Brand new **video interviews**.
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- Classroom friendly **Starter Books** to bring students up to speed.
- Plenty of extra **digital resources** online on helbing-ezone.com



Julia Starr Kedde taught English abroad and in the UK for many years. She has written many successful course books with Martyn Hobbs and other materials for young people. Julia is particularly interested in accuracy and fluency, teen development, and developing 'soft skills'. She loves thinking of new ways to present language and making it relevant, exciting and visually appealing. Favourite saying: Nothing ventured, nothing gained.



Martyn Hobbs taught English for many years abroad and the UK, and is a prize-winning playwright and screenplay writer. He co-writes course books with Julia Starr Kedde, and has written and developed numerous video projects. He loves writing stories, especially graded readers for learners. He uses his creativity and film-making experience to make his materials involving and fun. Favourite saying: The stories we love best live in us forever.

NEW FEATURES

Vox Pops – Videos for Viewing Skills

Exciting new Vox Pops interviews, with over 30 inspiring young speakers.



Key Grammar: from Accuracy to Fluency

Key grammar 3&4 from accuracy...

FUNCTION	EXAMPLE	GRAMMAR
1 Talking about quantity	There are four cats at uni.	Present continuous
2 Talking about temporary situations	I've got some olive oil.	there is / there are
3 Talking about present activities	Mia's eating ice-cream.	How much / many
4 Describing places	I do sport twice a week.	(In)countable nouns a / an / some / any
5 Asking about quantity	How many jets have they got?	Present continuous
6 Talking about frequency	He's doing art this term.	per hour / a week / once, etc.
7 Talking about position	Chloe is on the bus.	prepositions

1 Match the function with the example and the grammar.

Grammar review

MEXICO CITY LIVE A not-so-lazy Sunday on the Avenida Paseo de la Reforma

MEXICO CITY is a busy city with a big population. ... a lot of traffic. Are there ... places to breathe fresh air? Yes! On Sunday they close a long, wide road, the Paseo de la Reforma, to cars and lorries. Then inhabitants can enjoy their city without ... traffic once a week. On that day they can walk, run, cycle, roller-skate, walk the dog, dance or just sit and relax right in the middle of our city. The road goes through a large park called Chapultepec Park. There are lots of trees and flowers, birds and animals, a big lake and shady avenues. ... an anthropology Museum, a castle on a hill and a zoo. You can visit the art gallery for free. You can go for a boat ride, listen to concerts or buy ... food and souvenirs at the many market stalls. What ... you doing in the park, today? Share with us!

Hi We ... running along the avenue now. We meet up once a week, put on our running shoes and keep fit. Love it. ... GABRIEL

I'm visiting the modern art gallery. But I'm ... looking at pictures, I'm walking around the sculpture park. They ... keeping the park tidy even on Sunday. Thanks, girlfriend! ... ROSALBA

My mate Rafael and I ... skateboarding today. Sunday on the Paseo is fantastic. ... any cars and there isn't ... noise. We go about twice a month. ...

We're on vacation here. At the moment, I'm having a milk shake. My girlfriend ... choosing a hat from a market stall. How ... hats is she trying? A lot! ... ROBERTO

My mum and dad and I ... renting some bikes. It's so nice because ... any danger from cars. And there are lots of things to see. ... GLODIA

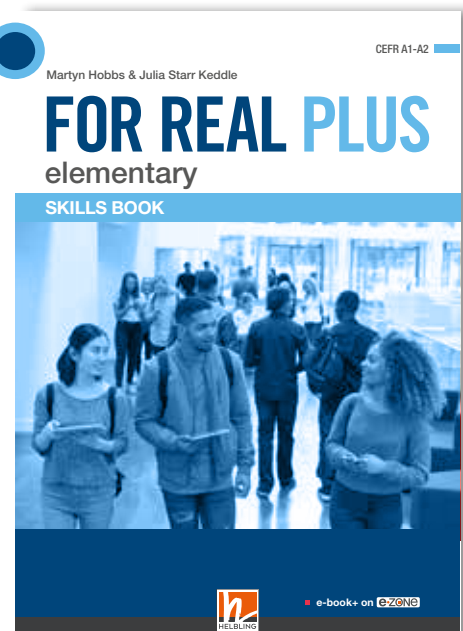
We're four friends from the same class and we're having lots of fun. Can you guess what we are doing? We are moving, but we ... running or cycling. We are on water. Yes, we're boating on the lake! ... SILVIA

My family are having a picnic. It's so relaxing. There are ... people playing football and we're listening to music. A live band ... playing under the trees. But we don't have ... veggie sandwiches for the squirrels and birds. Sorry guys! ... ROBERTO

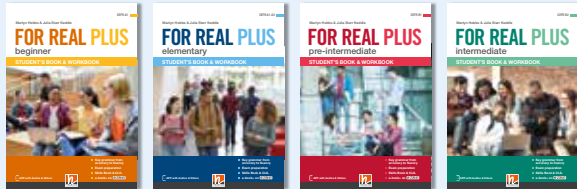
Key grammar starts with attention to correct use of all the core grammar, and ends with generative fluency activities to give students a sense of achievement.

Skills for Life

Guides students towards better language skills and soft skills for life.



STUDENT'S BOOK & WORKBOOK



Four levels, from A1 to B2 (Beginner to Intermediate); three levels with a similar unit structure, Intermediate devoting more time to developing exam-ready accuracy, fluency and lexical awareness.

Real communication

Buying clothes

Shop assistant

- Can I help you?
- What size are you?
- Would you like to try it (them) on?
- Is it (are they) OK?
- Do you want anything else?
- Here you are.

Customer

- I'd like..., please.
- I'm a (size)...
- Can I have...? / Try on...?
- Have you got...?
- any (bigger / smaller / larger / cheaper one)?
- Is it (them) in blue?
- I'll take it / them.
- How much is it / them?

Vocabulary: clothes, money

1a 40 Match the words and pictures. Then listen and check.

1b PAIRWORK Describe what you are wearing today.

2 Read Get into Culture and do the task.

Get into CULTURE: Cashless future

Do you and your family still buy things with cash? If so, things could change in the future. Cash-free purchases, using contactless cards and mobile phones, are common in many countries. In Sweden you don't even need cash to visit shops or at market stalls – street vendors take payments via an app. In the UK over half of transactions are digital, although Germans still like paying in cash. A recent study shows that 20% of Europeans and Americans don't use cash very often, and cash-free payments are also growing fast in Latin America. Not all people are happy, because they worry about security and privacy.

Discuss the questions.

- How do people buy things in your country?
- Is cashless becoming more common?
- What do you think are the advantages and disadvantages?

32 Part Finishers

Motivating Openers

Pages to get students started with engaging questionnaires and vocabulary development related to the theme.

Up-to-date Communication

Easy to follow, realistic communicative contexts and situations, with high frequency phrases and expressions, lead to students' own role plays.

Units 7&8

KEY OBJECTIVES

GRAMMAR must / might / (not) have to, be allowed to, should / ought to / needn't, articles
FUNCTIONS talking about obligation, having a discussion, giving advice, asking for and giving directions
VOCABULARY school, computers, relationships, places in a town, prepositions

WHO AM I?

EXPLORING YOUR IDENTITY IS AN IMPORTANT PART OF GROWING UP. OUR QUESTIONNAIRE WILL HELP YOU FOCUS YOUR IDEAS!

Tick (✓) three things that are very important to you.

- ☐ helping people
- ☐ being creative
- ☐ music
- ☐ my family
- ☐ a good social life
- ☐ money
- ☐ freedom
- ☐ saving the world
- ☐ my girlfriend / boyfriend
- ☐ helping the environment
- ☐ adventure
- ☐ my friends
- ☐ sport
- ☐ making things

Now... answer these questions.

What are you good at?
 What would you like to be good at?
 What do you worry about?
 What scares you?
 What bothers you?
 What's your dream for the future?

What world problem would you like to solve?
 Which person, living or dead, do you admire?
 What object, animal or thing represents you? Why?

Look at your answers to the questions.

Have think of one thing you can do to put some skills, help the world, achieve your ambitions. Write it in a simple thing, a short poster, lesson, talk to your family, join an environmental group.

1a Do the questionnaire. Make a note of your answers.
 1b PAIRWORK Compare your answers to part 1. Ask and answer the questions.

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Global Culture

Up-to-date, global and English-speaking themes are presented with a focus on young people. Ideal for discussions and projects.

Unit 3

What are you doing?

Grammar reference

Present continuous (all tenses)

Form

Use

Examples

Exercise

1a Use the present continuous to fill in the gaps. Use the words in the box. Write the full sentence.

1b Use the present continuous to fill in the gaps. Use the words in the box. Write the full sentence.

1c Use the present continuous to fill in the gaps. Use the words in the box. Write the full sentence.

1d Use the present continuous to fill in the gaps. Use the words in the box. Write the full sentence.

1e Use the present continuous to fill in the gaps. Use the words in the box. Write the full sentence.

1f Use the present continuous to fill in the gaps. Use the words in the box. Write the full sentence.

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1j Use the present continuous to fill in the gaps. Use the words in the box. Write the full sentence.

1k Use the present continuous to fill in the gaps. Use the words in the box. Write the full sentence.

1l Use the present continuous to fill in the gaps. Use the words in the box. Write the full sentence.

1m Use the present continuous to fill in the gaps. Use the words in the box. Write the full sentence.

1n Use the present continuous to fill in the gaps. Use the words in the box. Write the full sentence.

1o Use the present continuous to fill in the gaps. Use the words in the box. Write the full sentence.

1p Use the present continuous to fill in the gaps. Use the words in the box. Write the full sentence.

1q Use the present continuous to fill in the gaps. Use the words in the box. Write the full sentence.

1r Use the present continuous to fill in the gaps. Use the words in the box. Write the full sentence.

1s Use the present continuous to fill in the gaps. Use the words in the box. Write the full sentence.

1t Use the present continuous to fill in the gaps. Use the words in the box. Write the full sentence.

1u Use the present continuous to fill in the gaps. Use the words in the box. Write the full sentence.

1v Use the present continuous to fill in the gaps. Use the words in the box. Write the full sentence.

1w Use the present continuous to fill in the gaps. Use the words in the box. Write the full sentence.

1x Use the present continuous to fill in the gaps. Use the words in the box. Write the full sentence.

1y Use the present continuous to fill in the gaps. Use the words in the box. Write the full sentence.

1z Use the present continuous to fill in the gaps. Use the words in the box. Write the full sentence.

Interculture Units 11&12

Global Food

What's your favourite food? Do you know where it comes from? Every country has its own national recipes, but some dishes are popular around the world.

Pasta

Everybody loves pasta! It's made from four mixed with water and sometimes eggs. Today we think that pasta is Italian, but it probably first came to Europe from China. Different countries have their own form of pasta. In Japan people eat soba noodles in a thick soup. In many Japanese restaurants there are fast food noodle shops. Germany has got its own kind of pasta – spätzle – and you eat them with cheese or cabbage. What about you? How do you eat pasta?

Curry

Curry is a meat or vegetable dish, cooked with a mixture of spices. India is the home of the curry and Indian curries include korma – a mild curry and briyani – rice with meat or vegetables. Curries in Thailand usually include coconut milk and Thai spices. The national dish of Cambodia is a curry called amok – spicy fish cooked in banana leaves. In the UK, there's a British version of curry called chicken tikka masala – pieces of grilled chicken in a spicy tomato sauce. It's one of the most popular takeaway dishes in the UK.

Flatbread

Flatbread is a very simple form of bread that is common all around the world. People eat flatbread with meat or they roll them up to make a type of sandwich. Australians make a form of flatbread called damper when they are camping in the outback. They cook it on a fire and eat it with sugar and water. Do you like spicy food? Then try roti or chapatti from South Asia with green chilies. In Greece and Turkey, pitta is very popular. A warm pitta filled with salad and hummus is delicious.

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Real skills

People and their jobs

THE INTERVIEW

This week we meet Aaron Heath

Where do you live?
 I live in Vancouver in Canada.

Are you still at school?
 Yes, I'm in my last year of high school.

What do you like doing in your free time?
 I like going to movies, playing sports, and hanging out with friends.

What kind of music do you listen to?
 Different kinds. I often listen to pop, but I also like R&B. And I sometimes listen to hip hop.

Do you have a part-time job?
 I'm a sales assistant in a shoe store. I work there on Saturdays. I spend my money on going out to the evening and on gadgets or clothes.

What do you do in your job?
 Well, I do lots of different things in the store. I help the customers choose their shoes. They often ask me to measure the children's feet and then help them choose their shoes. I don't usually work at the till because the full-time assistants do that.

Do you have a break in the day?
 Yes, I have a ten-minute break in the morning and I usually have a coffee. Then I have an hour's break at one o'clock and I have lunch in town.

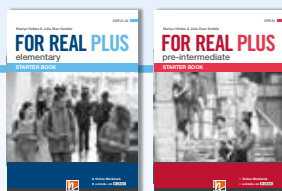
What's your ambition? Would you like to work as a sales assistant when you leave school?
 No, I wouldn't. It's OK for a part-time job, but I wouldn't like to do it full-time. I think I'd like to be a science teacher. I love science and I love kids.

EXERCISE 1 Your university supports the UK as business students, marketing, art and design, social studies, law, engineering, computer science, education, mathematics, biosciences, history.

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Integrated Skills

Fascinating topics are explored through the use of all four skills in linked reading, listening, speaking and writing activities.



Starter Book

Elementary and Pre-Intermediate levels include optional Starter Book, so your class or individual students can speedily re-activate knowledge.

Full-colour
Workbook

FOR REAL PLUS DIGITAL

FOR REAL PLUS Elementary Class 2 A / English

OVERVIEW

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- EXTRA PRACTICE within e-book+
- HELBLING MEDIA APP
- CYBER HOMEWORK
- CLIL PROJECTS
- EXAM BANK
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- PLACEMENT & ACHIEVEMENT TESTS

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