

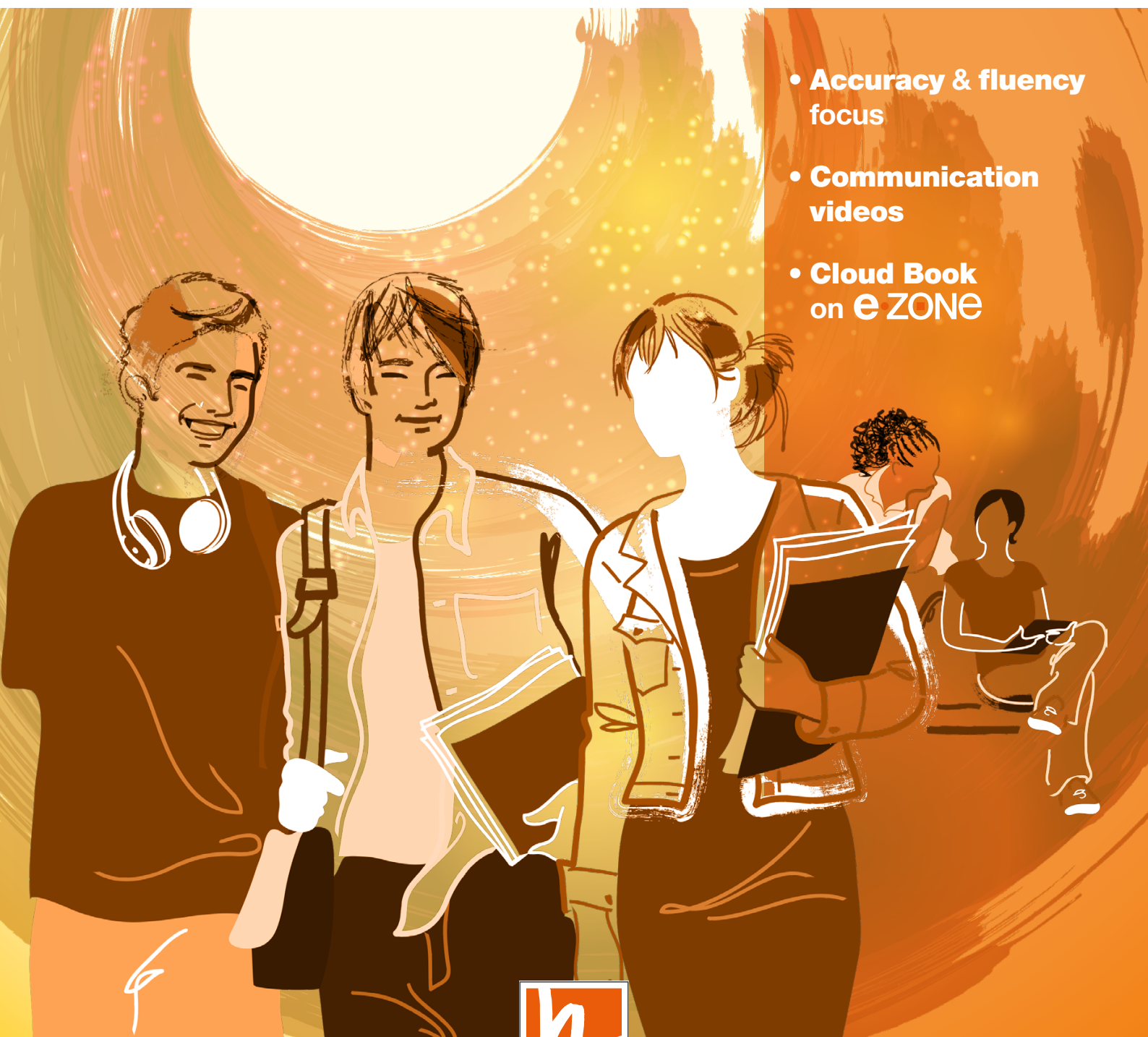
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SURE

Workbook

Beginner

- **Accuracy & fluency** focus
- **Communication** videos
- **Cloud Book** on e ZONE



Unit 5 Daily life

Grammar

Present simple positive & negative

1 Complete the sentences with the words.

live starts gets up cook meet likes

- 1 Ray _____ work at 6 o'clock.
- 2 On Mondays I _____ my father for coffee.
- 3 On Saturdays Laura _____ at half past ten.
- 4 Fabio and I _____ lunch every Sunday.
- 5 Anton and his family _____ in Riga in Latvia.
- 6 Micha _____ the film *Mortdecai* with Johnny Depp.

2 Complete the blog with the correct form of the verbs in brackets.



Tell us about your daily life!

Hey guys! My name's Lily Boyd. I'm 18. I ¹ _____ (study) art and design at Norton College. I ² _____ (want) to be a fashion designer. I've got one sister, Emma. She's 18 too. We're twins. She ³ _____ (work) in a mobile phone shop, she ⁴ _____ (want) to be a dancer. We ⁵ _____ (live) with our mum and dad in Bristol.

My daily life? Well, I ⁶ _____ (get up) at 9.00. I ⁷ _____ (have) breakfast and then I ⁸ _____ (leave) home. My classes ⁹ _____ (start) at 10.30 and I ¹⁰ _____ (finish) college at 4.30.

In the evening I ¹¹ _____ (do) coursework or ¹² _____ (write) my blog. Emma ¹³ _____ (dance) at the local dance studio. I ¹⁴ _____ (go) to bed at 11 or 12 o'clock. That's my day! What about you?

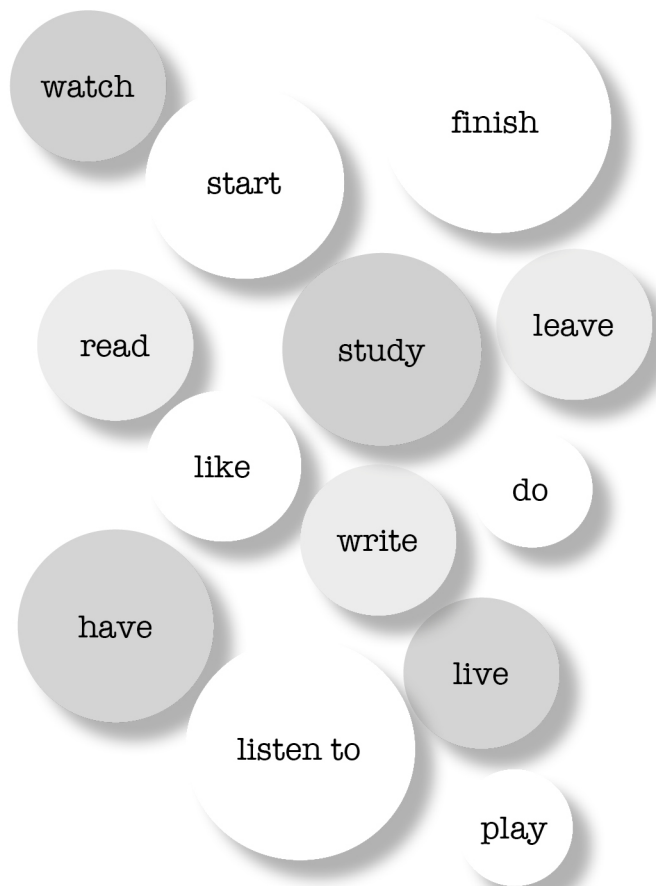
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3 Read the text again and correct these sentences.

- 1 Lily studies music at Norton College.
Lily studies art and design at Norton College.
- 2 Emma works in a music shop.
- 3 Lily lives with her brother.
- 4 Lily's classes start at 10 o'clock.
- 5 In the evening Emma studies.
- 6 In the evening Emma and Lily go to the cinema.

4 Write eight sentences about your life. Use the verbs below to help you.

I go to bed at half past ten.
In the evenings I do my coursework.
On Sunday I go to the cinema.



5 Complete the sentences with the negative form of the verb in brackets.

- 1 My best friend doesn't live (live) near me.
- 2 I _____ (go) home on Tuesdays. I stay at my friend's house.
- 3 Oscar and Leo _____ (think) computer games are boring.
- 4 You _____ (see) your parents at lunch.
- 5 I _____ (like) expensive restaurants.
- 6 Ella _____ (play) the trumpet.
- 7 I _____ (go) to music class on Wednesdays.
- 8 Noah's brother _____ (eat) meat.

Round up

6a Write three positive and three negative sentences about you. Use the verbs below.

study like take play watch have

I study English at college.

I don't like maths.

6b Repeat exercise 6a and write about a friend.*Josh studies in the library after college.**He doesn't watch TV in the evenings.*

Present simple questions & short answers

7 Complete the questions with *Do* or *Does*.

- 1 _____ he start college at 9.30?
- 2 _____ you come home at 6 o'clock?
- 3 _____ they play tennis?
- 4 _____ she live in Waterbourne Road?
- 5 _____ the film finish at 11 p.m.?
- 6 _____ they have Chinese lessons?

8 Complete the dialogues with the correct form of *do* and the verbs below.

visit go like finish

A NICK Does your sister
1 _____ to university?

RAY Yes, she 2 _____.
She's at Edinburgh
University.

NICK Does she 3 _____ it?

RAY Yes, she 4 _____.

NICK 5 _____ you 6 _____
her there?

RAY No, I 7 _____.

NICK Really? Why?

RAY It's too cold in
Scotland!



B LUCY 1 _____ you want to see a horror film
this evening?

JOSH Yes, I 2 _____. 3 _____ it 4 _____ early?

LUCY No, it 5 _____. It finishes at midnight.

JOSH Umh. I'm not sure. I don't want to walk
home in the dark!

9 Look at the table. Write ten questions and short answers about Leah and Jack.

Does Leah study science at college? Yes, she does.

Does Jack go to music college? Yes, he does.

Do Leah and Jack cycle to college? No, they don't.



	Leah	Jack	Leah & Jack
study science at college	✓		
go to music college		✓	
cycle to college			X
speak Spanish		X	
live in London			✓
have a lot of free time	X		
play tennis	✓		
study a lot			✓

Question words + *do* / *does***10 Match 1-8 with a-h to make questions.**

- | | |
|--|----------------------------------|
| 1 Who do you ☐ a | a) do you play? |
| 2 Which sports ☐ | b) early in the morning? |
| 3 Where does your ☐ | c) meet your friends? |
| 4 When do you ☐ | d) sit with in class? |
| 5 Why do you get up ☐ | e) best friend live? |
| 6 What do you ☐ | f) English lesson start? |
| 7 How does your best friend ☐ | g) do in the evenings? |
| 8 What time does your ☐ | h) go to college in the morning? |

Status Update**11 Complete the questions. Then answer them for you. Use short answers.**

- 1 _____ you _____ another language?
- 2 What time _____ you usually _____ school or college in the morning?
- 3 _____ you _____ in a big city?
- 4 How _____ you _____ around your town / city?
- 5 When _____ you usually _____ your friends?
- 6 _____ you _____ a blog?
- 7 Which magazines _____ you _____?
- 8 _____ you _____ any musical instruments?

Vocabulary

Telling the time

1 Write the times in words.



1 It's nine thirty.



2 _____



3 _____



4 _____



5 _____



6 _____



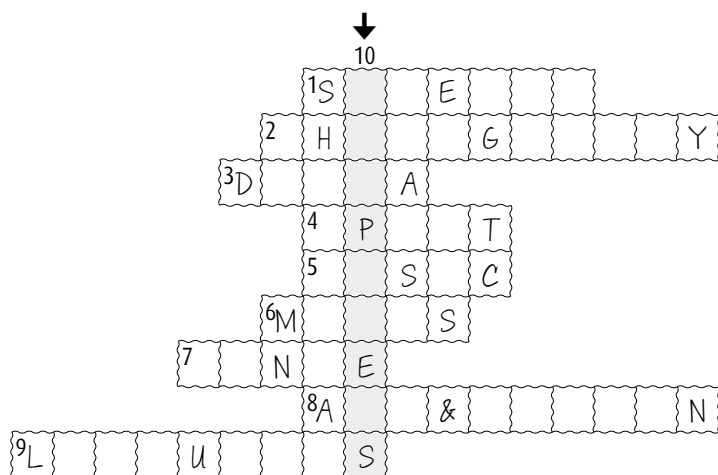
7 _____



8 _____

Subjects & interests

2 Complete the puzzle with the correct words. What is the mystery word?



3 Write six sentences about your subjects and interests.

I study... art. I like... I don't like... I love...

Musical instruments

4 Look at the picture and answer the questions.



- What instrument does Max play? The trumpet.
- Does Maya play the guitar? _____
- Who plays the piano? _____
- Does Eva play the flute? _____
- What does Frank play? _____
- Who plays the drums? _____
- Does Alex play the clarinet? _____
- What does Jess play? _____

Word Expander *make / do*

5 Complete the sentences with the correct form of *make* or *do*.

- We _____ a pizza every Friday evening.
- Erin _____ lots of noise when she plays the drums.
- On Mondays my dad _____ the cleaning.
- I _____ my project at the weekend.
- Adam _____ great coffee!
- 'How do you _____ money?' 'You get a good job!'
- Rita _____ her coursework in the morning before college!
- I _____ some interesting things at the weekend.

Grammar

Adverbs of frequency

1 Write the words in the correct order to make sentences.

- phones / evening / never / Freddie / the / in / me
Freddie never phones me in the evening.
- and / always / of / I / eat / fruit / lots / vegetables
- often / meat / doesn't / Juan / eat
- Holly / play / and / tennis / often / Becca
- your / never / coursework / do / You
- to / We / expensive / sometimes / that / restaurant / go
- 8.30 / Gina / at / wakes / usually / up

2a Look at the table and tick the correct boxes for you.

WHAT DO YOU DO IN AN AVERAGE WEEK?

	always	usually	often	sometimes	not often	never
have breakfast						
go shopping						
watch TV in the evening						
eat meat						
do sport						
be late for class						
go to bed early						
read in bed						

2b Write six sentences about you with the information in exercise 2a. Use adverbs of frequency.

once, twice, three times, every

3a Complete the questionnaire with these verbs.

help listen do (x2) spend go

8 KEYS TO A HAPPY Life

Watching TV, using social media a lot, eating junk food. Scientists agree. These things don't make you happy! So what makes people happy?

Write a letter after each question then calculate your score.

- A** every day **B** three times a week
C twice a week **D** once a week **E** never

How often do you...

- ___ exercise?
- ___ activities you really enjoy?
- ___ time with family and friends?
- ___ for a walk in the park or the countryside?
- ___ to or make music?
- daydream?
- ___ other people or do them favours?
- make plans?

HOW TO SCORE

- A** = 4 points
B = 3 points
C = 2 points
D = 1 point
E = 0 points

HOW MANY POINTS

- 24-32** You're mega-happy. Don't stop!
16-23 You're quite happy. Do some of the things more often!
8-15 You're not that happy. Do more of these activities!
0-7 You're not happy. Don't worry. Try these activities. See the difference!

3b Now write eight sentences about you.

- I get some exercise once a week.

3c Check your score. Write three tips for yourself.

- Go for a walk once a week!

4 Complete the dialogue with the words.

two twice once not times
always often never how

MADDIE'S FIRST DAY AT THE GYM



INSTRUCTOR First, some questions.

MADDIE OK.

INSTRUCTOR How ¹ _____ do you drink water?

MADDIE Oh, ² _____ often. About three times a day.

INSTRUCTOR Only three ³ _____? Do you drink tea and coffee?

MADDIE Yes, I ⁴ _____ drink coffee, I never drink tea.

INSTRUCTOR OK, and how often do you eat red meat?

MADDIE Oh, ⁵ _____ or twice a day.

INSTRUCTOR OK, how often do you eat fruit?

MADDIE Once or ⁶ _____ a week, I think.

INSTRUCTOR Oh dear! And vegetables? How often do you eat vegetables?

MADDIE ⁷ _____ or three times a day, maybe.

INSTRUCTOR Three times a day, please, and every day.

Now, ⁸ _____ often do you do sport?

MADDIE Sport? I ⁹ _____ do sport!

INSTRUCTOR Really? That's not good. So, let's start...

Verb + -ing

5 Complete the sentences with the correct form of the verbs.

listen go watch cook read stay play make

1 I love _____ to the cinema. I go twice a week.

2 Archie really likes _____. He loves books.

3 She loves _____ the drums. Her ambition is to be in a band!

4 Zoe hates _____ the TV. She thinks it's boring.

5 We hate _____. We always eat in restaurants.

6 My parents don't like _____ at home in the evenings. They always go out!

7 They love _____ money. They want to be rich.

8 I love _____ to music. I always have my MP3 player in my bag.

6 Use the words to make sentences with the correct form of *like* / *don't like* and the verb + -ing.

1 Tom / like / dance.

Tom likes dancing.

2 My sisters / not like / play football.

My sisters don't like playing football.

3 Joe / like / travel. He's in India now.

4 I / not like / cycle to college.

5 We / like / watch TV in the afternoon.

6 Amber / not like / study.

7 I / like / shop online.

8 My mum and dad / like / get up early.

Status Update

7 Complete the sentences below with *like*, *don't like*, *love* or *hate*.

What sort of person are you?

Creative?

- 1 I _____ taking photos.
- 2 I _____ painting and drawing.
- 3 I _____ reading books and magazines.



Sporty?

- 4 I _____ going for walks.
- 5 I _____ doing a sport.
- 6 I _____ swimming and surfing.



Sociable?

- 7 I _____ surfing the web.
- 8 I _____ using social media.
- 9 I _____ texting friends.



Quiet?

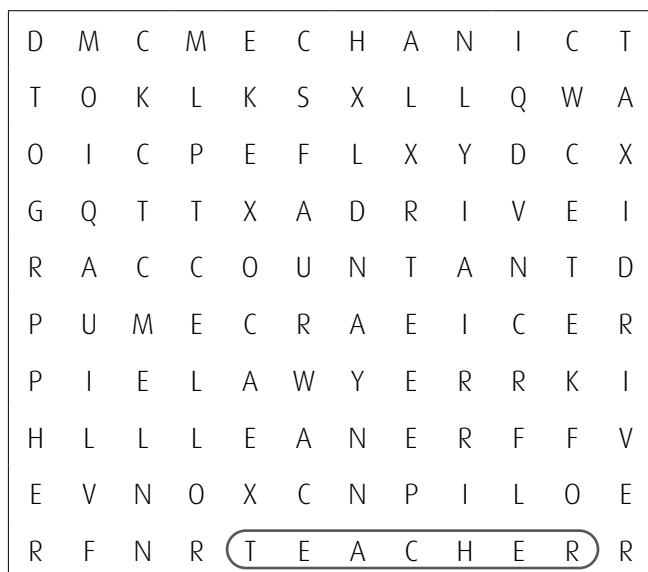
- 10 I _____ playing computer games.
- 11 I _____ sleeping.



Vocabulary

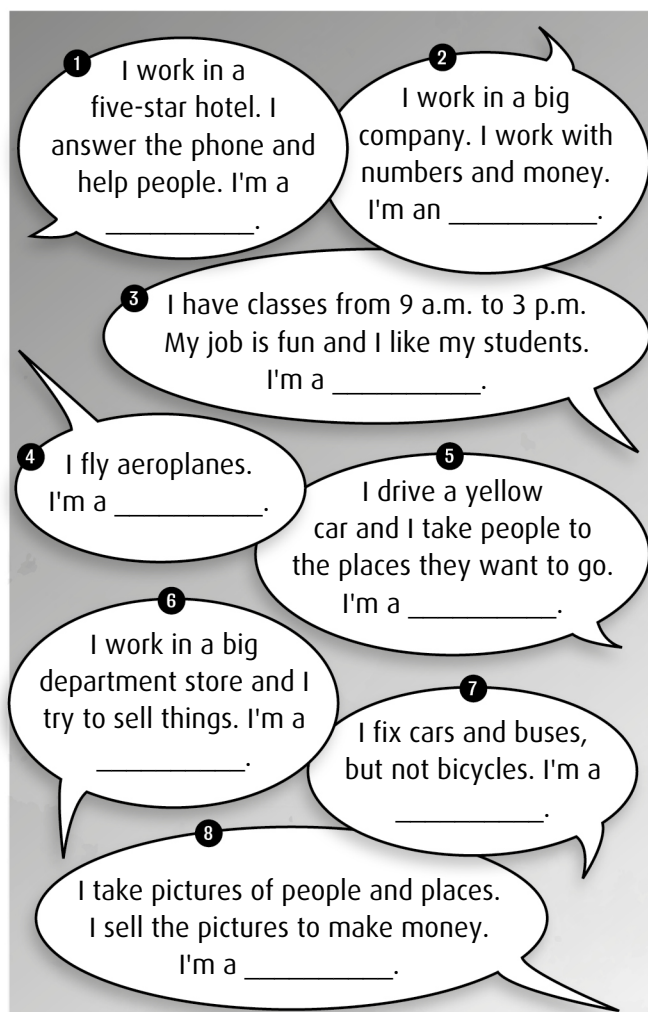
Jobs

1 Find eight jobs in the wordsearch.



- | | |
|-------------------|-------------------|
| 1 T <u>eacher</u> | 5 M _____ |
| 2 A _____ | 6 P _____ |
| 3 D _____ | 7 C _____ |
| 4 L _____ | 8 T _____ D _____ |

2 Read the descriptions and write the jobs.



Free-time activities

3a Match the verbs and phrases.

- | | |
|---------------------------------|-----------------------------------|
| 1 take ☐ | 5 read ☐ |
| 2 surf ☐ | 6 watch ☐ |
| 3 use ☐ | 7 listen ☐ |
| 4 play ☐ | 8 text ☐ |
-
- | | |
|----------------|------------------|
| a Social media | e friends |
| b E-books | f the web |
| c photos | g computer games |
| d TV and Films | h to music |

3b Write the complete phrases.

take photos

3c Complete the advert with the correct form of the verbs in exercise 3a.

MercuryMegaMedia
A NEW WORLD OF COMMUNICATION

Do you like ¹ _____ the web and ² _____ social media?

Do you love ³ _____ computer games and ⁴ _____ to music?

Do you like ⁵ _____ your friends and ⁶ _____ photos?

Do you love ⁷ _____ films and ⁸ _____ E-books online?

You do? Then **MMM** is for you!

MMM is the new social media platform for all your digital interests.

Join **MercuryMegaMedia** today.

Word Expander time expressions

4 Complete the sentences with the correct time expressions.

- I often listen to music _____ night.
- What time do you eat _____ the evening?
- Holly goes to college _____ Monday _____ Thursday.
- I never go to bed late _____ the week.
- Let's meet _____ six o'clock.

► Reading

1 Read the article and match the jobs with the people. Write the correct number.

hotel receptionist ☒ 2

teacher ☐

sales assistant ☐

photographer ☐

cleaner ☐

taxi driver ☐

pilot ☐

builder ☐

WORKING WORLD

Today we hear from people doing different jobs.

1 AMY
I'm often very busy. I usually work from 8.30 a.m. to 4 p.m. I never work during the summer holidays and I'm good with children.

2 NISA
I talk a lot on the phone. I sometimes meet famous people, but I usually help tourists. And, I often work at night or in the evening.

3 BEN
I always work outside. My job is in the city and in the country. I never work at night, that's good. My working hours are from 8 a.m. to 4 p.m.

4 SAM
I go to a lot of different places, all over the world. I talk to hundreds of people every day, but I don't often meet them. I sometimes work at night and I often sleep in hotels.



5 RACHEL
I work inside and outside. I always use a camera and I often use a computer too. I sometimes work at night. I often work with famous people.

6 TED
At the moment I've got two jobs. One is in a hospital and I also work in a school. I usually work in the evening and early in the morning. I help people, but they don't often see me.

7 MARTHA
I work from 9 a.m. to 6 p.m., and I always work inside. I sometimes work at the weekends. I love my job, but it's very busy. I work in the evenings too, but not often. I talk to a lot of people and I usually stand up all day.

8 FRANCO
I work in the city, but I usually sit down all day. I talk to a lot of different people and go to a lot of different places every day. I often work weekends and nights.

2 Read the article again and circle T (True) or F (False).

- Amy usually works in the holidays. T / F
- Nisa never works at night. T / F
- Ben starts work at eight in the evening. T / F
- Sam doesn't always sleep at home. T / F
- Rachel doesn't work at night. T / F
- Ted meets a lot of people in his job. T / F
- Martha always works in the evenings and at weekends. T / F
- Franco usually goes to the same places every day. T / F

3 Answer the questions.

- What time does Amy start work?
- Who does Nisa help?
- Where does Ben work?
- Who does Sam talk to?
- What does Rachel use in her job?
- Where does Ted work?
- Does Martha work outside?
- Does Franco work at the weekend?

► Writing

Writing about daily routine

1 Read about Lisa and answer the questions.

- 1 How old is Lisa?
- 2 What is her job?
- 3 Where does she work?
- 4 Why does she like her job?
- 5 What is her morning routine?
- 6 What time does she have lunch?
- 7 What time does she finish work?

2 Read Lisa's diary again and number the topics in the order you read them (1 - first etc).

Free time ☒ 4 Daily life ☐ Personal details ☐ Work ☐ Interesting details ☐

3 Choose one of the people below. Imagine their life. Make notes in the writing plan. Use the questions in exercise 1 to guide you.



HARRY SMITH, 24



NATALIE BLAIR, 23

WRITING PLAN

Personal details

Work

Daily life

Interest

A day in the life of

Lisa Brown

Lisa Brown is 22 and she's a receptionist in a small hotel in Brighton. She lives in the hotel, too. She loves her job because she meets lots of people.

Every morning she gets up at 7.30 a.m., has a cup of coffee and starts work at 8 o'clock. She doesn't usually have breakfast, but she always has a snack and a drink mid morning. She has lunch in the hotel at 12.30 and finishes work at 5 p.m.

In her free time, Lisa likes running on the beach and seeing her friends. Twice a week, she goes to Spanish classes. She wants to work in Barcelona.

4 Write 'A Day in the Life of ...' for Harry or Natalie. Use your writing plan and the model in exercise 1 to help you. Write 60–80 words.