

CEFR A1

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JETSTREAM

beginner



Real language &
memory training



Writing skills



JETSTREAM Cloud
with LMS



Workbook

Lesson 1

VOCABULARY Jobs (2); routines

1 Who uses these objects? Write the name of the job.



- 1 c _ _ _
- 2 p _ _ _ _ o _ _ _ _
- 3 f _ _ _ _ a _ _ _ _
- 4 l _ _ _ _
- 5 h _ _ _ _ _ _ _ _
- 6 b _ _ _ _ _
- 7 j _ _ _ _ _ _
- 8 t _ _ _ d _ _ _ _

2 Cross out the word or phrase that doesn't go with the verb.

- 1 I work nights / ~~at 9 am~~ / long hours / from 9 to 5.
- 2 I feel boring / tired / stressed.
- 3 I like spending time with friends / family / all day.
- 4 I have a break / free time / friends / a lot of work every day.
- 5 I sleep all day / very much / five hours a night.
- 6 I do the gym / the housework / the cooking at weekends.

GRAMMAR Present simple (3); adverbs of frequency

3 Complete the conversation with the correct form of the verbs in brackets. Write the adverbs in the correct place.

- A What ¹ _____ you _____ (do) at weekends?
 B We ² _____ (not / often have) free weekends. On Saturdays, I ³ _____ (usually / do) college work. My husband ⁴ _____ (often / go) to work.
 A ⁵ _____ you _____ (spend) time with family on Sundays?
 B Yes, but it isn't a relaxing day! We ⁶ _____ (never / get up) late. I ⁷ _____ (always / go) running on Sunday mornings. My husband ⁸ _____ (usually / work) in the garden. Then he ⁹ _____ (cook) lunch for all the family. Our children ¹⁰ _____ (always / visit) us on Sundays.

4 Write true sentences using these adverbs.

always usually often sometimes never

- 1 I / be / at home / at 7 pm.

- 2 My friends / be / at work / at 8 am.

- 3 My best friend / go running / at weekends.

- 4 My parents / go to bed / after midnight.

LISTENING

5 14 Listen and complete the table.

Average number of working hours (2013)	
Country	Hours a week
¹ Turkey	47.9
Korea	² _____
³ _____	43
Chile	⁴ _____
Slovak Republic / ⁵ _____	40.7
Spain	⁶ _____
⁷ _____	36.5
Australia	⁸ _____
⁹ _____	33.6
the Netherlands	¹⁰ _____

6 Lesson 2

VOCABULARY Skills

1 15 Listen and number the skills in order.

- draw ☐
- speak Spanish ☐
- drive ☐
- swim ☐
- play the guitar ☐
- cook ☐
- sing ☒
- dance ☐

GRAMMAR *can / can't*

2 Complete the sentences with *can / can't* and the verbs from 1.

- 1 I'm good at music. I can sing and write my own songs.
- 2 I love learning languages. I _____ and French.
- 3 I'm not very good at music. I _____ or play the piano.
- 4 My mum is Italian. She _____ fantastic pasta and pizza.
- 5 I'm not good at art. I _____ or paint.
- 6 Don't ask us to go to Zumba – we _____ !
- 7 My daughter loves water. She's only five and she _____ .
- 8 My brother _____. He goes everywhere by bike.

READING

3 Read the newsletter. Tick (✓) the four correct sentences.

For Residents	About	<u>News & Alerts</u>	Get Involved	Get in Touch
<i>City Hospital has got talent!</i>				
   Jamie King works at City Hospital. He is a nurse and he looks after children from the ages of 5-15. He is very popular with the children and their parents. Jamie is good at his job but he also has another talent - he can sing and play the guitar. He writes his own songs and he sometimes plays for the children in the hospital. Hannah James is a receptionist. She helps new patients and visitors to the hospital. People often feel stressed and Hannah always has a smile for them. She likes her job and she is a funny person. This helps Hannah in her second job - she tells jokes and funny stories in a comedy club. Corinne Franklin is a chef in the hospital. She cooks healthy and delicious food for the patients. Cooking isn't Corinne's only talent - she is also a singer. She loves opera and she sometimes sings when she's in the kitchen!				
 WORK WITH TALENT				
<i>City Hospital's talent show is on <u>Friday 19th May</u>. JAMIE, HANNAH and CORINNE are in the competition.</i> <i>WHY DON'T YOU TRY TOO?</i>				

- 1 People at the hospital like Jamie. ☐
- 2 Hannah isn't very happy at work. ☐
- 3 Corinne is a very good chef. ☐
- 4 Jamie sometimes uses his musical talent at work. ☐
- 5 Corinne sometimes sings for the patients. ☐
- 6 There are two singers in the talent competition at City Hospital. ☐

6 Vocabulary plus

TECHNOLOGY

1 Choose the correct words.



- 1 How many emails do you *post* / *send* a day?
- 2 How do you *chat* / *chat to* friends?
- 3 Do you *write* / *watch* a blog? What is it about?
- 4 Which sites are good for *looking* / *watching* videos?
- 5 Where do you *play* / *post* photos of you and your friends?
- 6 Where can I *look for* / *look* information about hotels?

2 Match these answers to the questions in 1.

- a Try Tripadvisor or Trivago. ☐
- b I always go to YouTube. ☐
- c No, I don't. I don't have time. ☐
- d About 30 at work and one or two to my friends. ☐
- e We usually use Facetime or we skype. ☐
- f I usually put them on Facebook. ☐

3 Write your answers to the questions in 1.

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____
- 6 _____

Everyday English

MAKING REQUESTS AND OFFERS

4 Write the words in the correct order.

- 1 A please? / I / Can / your / borrow / pen,
B are. / here / Sure, / you
A _____
B _____
- 2 A coffee, / I / have / please? / Can / a
B a / just / second. / Yes,
A _____
B _____
- 3 A you? / Can / help / I
B London, / Two / to / please. / tickets
A _____
B _____

5 Complete the conversations with the words.



water glass drinks menu

- A Excuse me. Can we have the ¹_____, please?
- B Yes, here you are. Would you like some ²_____?
- A Yes, I'd like a ³_____ of orange juice.
- C And just some ⁴_____ for me, please.

...

would like order can

- B Here are your drinks. Are you ready to ⁵_____?
- A I'd ⁶_____ the Greek salad, please.
- B And you, madam? What ⁷_____ you like?
- C ⁸_____ I have the Thai noodles, please?
- B Of course. Greek salad and Thai noodles. Thank you.



AROUND THE WORLD WITH *JETSTREAM*

- 1 It's 12pm (midday) in London. What is the time in the other cities? Complete the sentences with the time and *morning*, *afternoon* or *night*.

	Seattle	→	Havana	→	London	→	Bangalore	→	Adelaide
HOURS	-7		-4		12pm		+5.30		+10.30

- It's _____ in the _____ in Seattle.
- It's _____ in the _____ in Havana.
- It's _____ in the _____ in Bangalore.
- It's _____ at _____ in Adelaide.

2 Write the text as normal sentences. Then guess the countries.

- | | |
|------------------------------|--------------------------------------|
| 1 theyeatpastaeveryday | 4 afamousdishfromthiscountryispaella |
| 2 theyeatsushiriceandnoodles | 5 youcaneattacosandfajitashere |
| 3 theycallchipsfries | 6 theycookgreenandredcurry |

3 Match the situations (1-5) to the suggestions (a-e).

You want to:

- find some information on London.
- send an interesting article to people on Twitter.
- chat to your friend in Canada over the internet.
- send a copy of your work to your teacher.
- start a blog about your town.
- watch a video of your favourite band.

- | | |
|--|---------------------------|
| a Email it to me after the class. | d Google it! |
| b Why don't you write it on Wordpress? | e Look for it on YouTube. |
| c Let's Skype later! | f Tweet it! |

4 What do you know about sport around the world? Choose a, b or c.

- The 'Vuelta a España' is a famous race in the sport of
a running. b swimming. c cycling.
- The Six Nations is a competition in the sport of
a tennis. b rugby. c football.
- At San Siro and La Bombonera, you can watch people playing
a tennis. b rugby. c football.
- People play singles, doubles or mixed doubles in
a tennis. b golf. c rugby.
- There are four main styles of movement in
a golf. b swimming. c tennis.
- A lot of champions come from Kenya in the sport of
a running. b cycling. c swimming.

PRONUNCIATION POINT

Match the pairs of words with the same underlined sounds.

<u>builder</u>	<u>cheese</u>
<u>shower</u>	<u>hamburger</u>
<u>journalist</u>	<u>draw</u>
<u>golf</u>	<u>gym</u>
<u>speak</u>	<u>often</u>
<u>quarter</u>	<u>hour</u>

EXPLORE

1 Answer these questions.

- What's your favourite sport? Do you play it or just watch it?
- Who are the most successful sportspeople in your country?
- What are the most popular sports in your country?
- What are the most popular sports in the world? How many fans do they have and where? Look online to find out. Make notes about three sports.

2 Prepare a mini-presentation with your answers from 1. Write/ Record your talk.

Check your progress 3

Grammar

I can talk about likes and dislikes and daily routine.

1 Complete the sentences with the correct form of the verbs in brackets.

- 1 My mum _____ (hate) watching TV.
- 2 My friends _____ (not like) football or rugby.
- 3 A _____ (you / like) Italian food?
B Yes, I _____ (love) it.
- 4 A What _____ (you / do) in your free time?
B I _____ (spend) time with my children.
- 5 My boss _____ (work) very long hours, but he _____ (not go) to work on Sunday!
- 6 A How often _____ (you / watch) TV?
B Never! I _____ (listen) to music to relax.

2 Rewrite the sentences with the adverb of frequency in the correct place.

- 1 I feel stressed at work. (often)

- 2 My friends and I go shopping at the weekend. (sometimes)

- 3 The café is closed on Sundays. (always)

- 4 I read the newspaper in the morning. (usually)

- 5 My parents shop on the internet. (never)

___ / 15

Vocabulary

I can talk about food and drink, and sports.

3 Complete the sentences with words for food and drink or sports.

- 1 My favourite food is h_____ and chips.
- 2 We never eat Thai food because my husband hates n_____.
- 3 Do you like c_____ or tea to drink?
- 4 At the weekend we always go c_____.
- 5 My brother plays f_____ for the local team.

___ / 5

Functions

I can make suggestions, requests and offers.

4 Complete the conversations with the words and phrases in the boxes.

- 1
would you like don't have go running
can't great Why don't
A 1 _____ we play tennis after work today?
B I 2 _____ play tennis.
A OK. Let's 3 _____.
B Sorry, I 4 _____ time today.
A OK, 5 _____ to go to the cinema tomorrow?
B 6 _____ idea! Thanks.
- 2
Of course can like would you
A Excuse me, 7 _____ we have the menu, please?
B Here you are. What 8 _____ like to drink?
A I'd 9 _____ a cola and some water, please.
C Can I have an orange juice?
B 10 _____. One cola, one orange juice and some water. Thank you.

___ / 10

I can write about my daily routine.

Write a blog entry and describe your daily routine.

- What do you do in the morning?
- What do you do in the evening?
- Do you do the same things every day?

Write about 40 words.

___ / 10

Total: ___ / 40