

Patricia Chappell

POTENTIAL

WORKBOOK WITH E-BOOK+



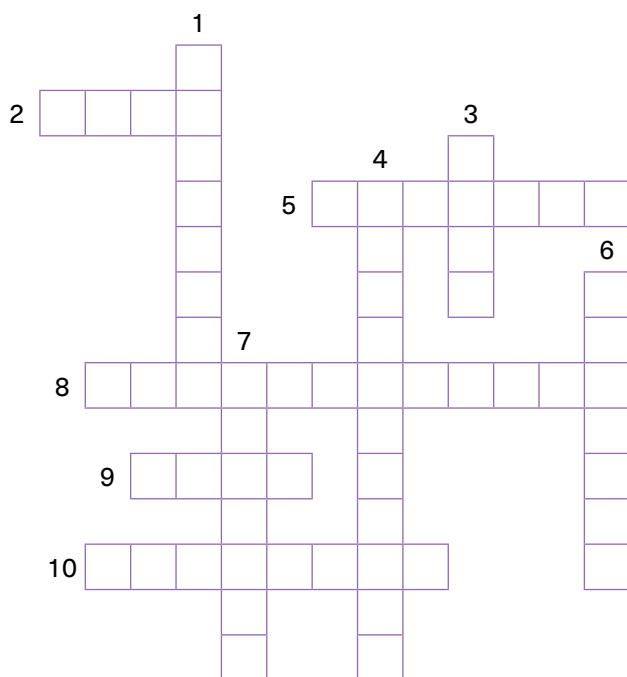
B1
Level 3



Vocabulary

Health

1 Read the clues and complete the puzzle.



- 1 a pain in the head
- 2 painful or uncomfortable when touched
- 3 a tiny solid medicine that you swallow with water
- 4 an arranged meeting
- 5 a person who is treated by a doctor or nurse
- 6 something to cover an injury
- 7 a place where doctors work
- 8 a doctor's note for the chemist's
- 9 cause pain
- 10 another word for anxious

2 Complete the sentences with words from the puzzle in exercise 1.

- 1 What time's your doctor's _____ tomorrow?
- 2 Is your ankle still _____?
- 3 Let me put a _____ on your leg to keep the cut clean.
- 4 We can't give you that medicine without a doctor's _____.
- 5 I like reading the magazines while I'm waiting in the doctor's _____.
- 6 I _____ my back when I fell off my bike.

3 29 Listen and complete the conversation with health words.

- Mum:** Hey Susie, time to get up.
- Susie:** I'm not feeling well. I can't get up.
- Mum:** What's the problem?
- Susie:** I have a ¹f_____, and I can't stop ²s_____.
- Mum:** I see. Anything else?
- Susie:** My throat hurts when I ³c_____.
- Mum:** Hmm, it sounds like you might have a cold. Let me check your temperature. No, your temperature's normal.
- Susie:** Is my nose ⁴b_____?
- Mum:** No, there's no ⁵b_____. You just have a runny nose. Here are some tissues.
- Susie:** My leg really hurts too. I think I might have a ⁶b_____ b_____. I need to ⁷r_____.
- Mum:** Susie! That's impossible. But I think you might have a serious case of 'schoolitis'.
- Susie:** Oh no, what's that? Am I going to die?
- Mum:** No, 'schoolitis' is a strong dislike of going to school! Now, get up!

Collocations with *have*, *get* and *take*

4 Complete the questions with the correct form of *have*, *get* or *take*.

Health questionnaire

Thank you for taking the time to complete the questionnaire. Your answers will contribute to a better understanding of health patterns and help us improve healthcare services.

Please answer the following questions honestly:

- Have you ever ¹_____ an accident that required medical attention?
- Have you ²_____ an operation in the last two years?
- Do you often ³_____ out of breath during physical activities?
- Have you ⁴_____ flu in the last two years?
- How often do you ⁵_____ ill?
- Do you ⁶_____ vitamin pills regularly?
- Do you regularly ⁷_____ medicine for coughs or colds?
- Have you experienced any health issues that ⁸_____ a long time to recover from or get under control?
- How often do you ⁹_____ a cold in a typical year?
- Do you ever ¹⁰_____ your own temperature when feeling unwell?
- If you experienced symptoms which ¹¹_____ much worse in a short space of time, who would you contact to get urgent medical attention?

Grammar

Past perfect

1 Complete the gaps with the past perfect form of the verbs.

Hey Oscar

Thanks for your email. I had a great holiday, thanks. I think I told you that I was worried before I went because I ¹_____ (not be) very well and I ²_____ (have) a few headaches, so I went to see the doctor. He asked if I ³_____ (feel) any pain in my legs. I said they hurt a bit when I ran. He gave me a prescription for some vitamin D pills. He said that I ⁴_____ (not be) outside in the sun enough, so my body wasn't producing it. It was silly of me as I had this problem a few years ago. I ⁵_____ (forget) until I went to the doctor's. Then I remembered I ⁶_____ (take) vitamin D pills before. Anyway, I was fine on holiday. Maybe the sun helped! Look forward to catching up on Friday. Shall we meet at the park entrance?

See you then,

Louisa

2 Complete the sentences with the past simple or past perfect form of the verbs.

- 1 By the time my brother arrived at the hospital, his wife _____ already _____ (have) the baby.
- 2 After I'd been to the doctor's, I _____ (collect) my pills from the chemist's.
- 3 She got her first job abroad as a doctor in a hospital in Bogotá. She _____ (not be) to Colombia before.
- 4 I saw that she had a bandage on her leg, but I wasn't sure what she _____ (done) to it.
- 5 No one in her family _____ (study) medicine. She was the first one.
- 6 I _____ (meet) a friend from university at the doctor's surgery. I hadn't seen them since we graduated.
- 7 I didn't want to change jobs. I _____ (work) at that hospital for ten years, and all the other doctors were good friends.
- 8 We _____ (not play) tennis because Sally had hurt her ankle.

Relative pronouns, defining relative clauses

3a Complete the gaps with *who* or *which*.

- 1 A: Where's the meditation class?
B: It's in the classroom _____ has all the plants. ____
- 2 A: Have you seen my laptop charger?
B: Yes, it's on the table _____ you were sitting at this morning. ____
- 3 A: I need help with my computer.
B: You should talk to James. He's the guy _____ I sit next to in maths. ____
- 4 A: Any suggestions for lunch?
B: Why don't we try the vegetarian café _____ Julia told us about? ____
- 5 A: Which teacher's taking the painting class?
B: I'm not sure what her name is, but it's the teacher _____ taught us art in the first year. ____

b Tick the three sentences which don't need a relative pronoun.

4a Match the sentences (1–8) with the information (a–h). Rewrite the sentences using defining relative clauses. Use relative pronouns where needed and make other changes if necessary.

1–c I have a friend who speaks five languages fluently.

- 1 I have a friend. ____
 - 2 The book is really interesting. ____
 - 3 The car is already giving her problems. ____
 - 4 The student is my neighbour. ____
 - 5 There is a restaurant near me. ____
 - 6 The nurse wasn't there. ____
 - 7 I'm trying to find someone. ____
 - 8 I haven't watched the film yet. ____
- a He does blood tests.
 - b They serve fresh pasta there.
 - c She speaks five languages fluently.
 - d They fix computers.
 - e She bought it last month.
 - f They won the science competition.
 - g You recommended it to me.
 - h You lent it to me.

b 30 Listen and check your answers.

Reading

1 Read the text on page 43 quickly. Choose the best summary of the writer's views about AI.

- A The writer believes that AI will replace doctors in the future, making their jobs unnecessary.
- B The writer thinks that doctors and AI should collaborate to improve healthcare.
- C The writer thinks that most doctors can do their jobs better than AI.

2 Match the words in bold in the text with the definitions (1–6).

- 1 _____ the activity of looking after or improving people's health or well-being
- 2 _____ relating to treating illness or injuries
- 3 _____ actions which doctors take to make people better when they are ill
- 4 _____ the examination and discovery of the cause of an illness
- 5 _____ the ability to understand or share someone's feelings and emotions
- 6 _____ tiny parts of a living cell that have information telling cells how to function and grow

3 What do the highlighted words (1–6) in the text refer to?

- | | | |
|---------|---------|---------|
| 1 _____ | 3 _____ | 5 _____ |
| 2 _____ | 4 _____ | 6 _____ |

4 Read the text again and answer the questions.

- 1 What is an example of a medical advance that improved healthcare before AI?

- 2 According to the text, why do some people worry about the role of machines in healthcare?

- 3 Which area of healthcare is AI not able to help with?

- 4 Name two ways in which AI is helpful in medicine, according to the text.

- 5 Should doctors be afraid of AI in medicine? Why? / Why not?

- 6 What is the future of AI in medicine?

5 Answer the questions with your own ideas.

- 1 How will the use of AI change the role of doctors in healthcare in the future?

- 2 In your opinion, what are the advantages and disadvantages of using AI in healthcare?

Making suggestions

1a Complete the conversation with the phrases (a–f).

- a why don't you
- b how about
- c you'd better
- d I think you should
- e you ought
- f I don't think you should



- Son:** Have you got any headache pills? I've got a terrible headache.
- Mother:** No, sorry. Anyway, ¹_____ take too many pills for headaches. They're not great for your stomach. ²_____ drinking lots of water? That usually helps.
- Son:** I've already drunk a litre of water this morning.
- Mother:** ³_____ spend less time on your laptop. I know you have your assignment to finish, but ⁴_____ take a break and get some fresh air?
- Son:** Yes, I could try that.
- Mother:** ⁵_____ to make your screen brighter too. That might help.
- Son:** OK, good idea. I'm just going to walk to the park.
- Mother:** Great. ⁶_____ take a key, as I'll be at my yoga class later.

b 31 Listen and check.



Luis Monreal Iglesias

Director of Clinical Solutions
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79 articles

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Might your next doctor's appointment be with an AI robot?

In the world of medicine, new discoveries and technologies which improve **healthcare** are always appearing. For example, before antibiotics were discovered, people used to die from infections that can now be treated. One of the most important recent developments is artificial intelligence (AI) and data analysis. Some people worry that machines will take over doctors' jobs, but that's not really true. However, we can say that doctors who use AI in their work are likely to have a big advantage.

The human side of medicine

Taking care of human health is really complicated because it involves many things, such as **genes**, environment and lifestyle. Machines can process a lot of information about ¹these things quickly, but they can't understand people's emotions and feelings like doctors can. Patients need **empathy**, understanding and trust, and machines can't provide ²that. What machines can do is free up doctors' time so they can focus more on this, the human side of their job.

How AI helps in medicine

Better **diagnosis**: AI is great at finding problems in X-rays (medical photos) that humans might miss. For doctors, it's like having a second pair of eyes for doctors.

Personalised **treatment** plans: AI looks at a lot of the patient's personal data to suggest the best treatment for ³them, making ⁴it more effective.

Efficient management: AI can make the boring parts of healthcare, like arranging appointments and managing records, easier and less open to errors.

Learning and research: **Medical** knowledge is growing very fast, and AI can help doctors keep up with the latest information and new ideas.

Accepting the change

Some doctors might not like the idea of using AI because they worry ⁵it will replace ⁶them or make things too complicated. But using AI isn't about replacing doctors - it's about making their jobs better. Younger doctors who are more familiar with technology are likely to find it easier to use AI. Medical schools are also starting to teach their students about AI so that future doctors can use both human skills and AI tools.

Conclusion

The future of medicine is not about choosing between humans and machines. It's about doctors and machines working together to set new standards in healthcare, making it more efficient and more effective.

2 32 Listen to these people's problems. Then reply making a suggestion.

Use the ideas in brackets and the phrases from exercise 1.

- 1 (make an appointment with the doctor)

I'm worried about my arm.
It hurts when I play tennis.

- 2 (not eat anything until it's better)

I have a stomach ache.

- 3 (go home and rest)

I think I have a fever.

- 4 (go to the gym more)

I always get out of breath
when I walk upstairs.

Writing

An informal email of apology

- 1 Read the email. What is Fabiana apologising for? Tick a, b or c.

- a not going to Rory's party ☐
b not helping to clear up after the party ☐
c not saying goodbye ☐

✕
🏠
🔍 ⚙️

Hey Rory

a ☐ I hope you enjoyed it too, and there wasn't too much clearing up to do.

b ☒ I'm so sorry that I haven't been in touch since your party.

c ☐ Let's try and meet soon for a game of tennis or something.

d ☐ I've been really busy helping my brother clean the flat which he's just moved into.

e ☐ Many apologies again for not getting in touch before.

f ☐ I owe you an apology for leaving the party without saying goodbye and thanking you. I'd forgotten that the last train left at 10.30 pm and had to rush off.

g ☐ It was a great party, and it was cool to meet your family and friends from school.

See you

Fabiana

- 2 Read the email again and put the sentences (a–g) in an appropriate order. There may be more than one possible answer.

- 3 Match the sentence halves.

- 1 I'm so sorry that ____
2 I hope that ____
3 Many apologies for ____
4 I owe you an apology ____
5 I'm writing to say how ____
- a sorry I am that I can't come to your party.
b cancelling our appointment.
c for not replying to your email before.
d you're not annoyed with me.
e I haven't returned your calls.

- 4 Read the situation below. Write a short email apologising to a friend. Write about 100 words.

Imagine you borrowed a friend's tennis racket, and you left it on the bus.

- Apologise and explain what happened.
- Say what you are going to do.
- Apologise again.
- End the email.

✓ Checklist

Now I can:

- ☐ talk about health.
- ☐ use collocations with *have*, *get* and *take*.
- ☐ use the past perfect simple, relative pronouns and defining relative clauses.
- ☐ make suggestions.
- ☐ write an informal email of apology.