

H. Puchta • C. Jory • P. Lewis-Jones • C. Holzmann • L. Uttley

Options

Workbook

2

Including:

- **Interactive e-book+**
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Options

Workbook

2

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Options 2 Workbook

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ISBN 978-3-71140-207-3

12 11 10 9 8 7 6
2029 2028 2027 2026

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Illustrated by Elisa Bellotti, Lorenzo Sabbatini, Rossella Trionfetti
Basic texts: additional photos by Shutterstock.com; additional illustrations by Lorenzo Sabbatini
Audio production by Jeff Capel at The Soundhouse Studios, London

Designed by Gianluca Armeni
Cover design by Gianluca Armeni
Cover photo by Charlotte Macpherson
Edited by Charlotte Johnson
Printed by Athesia, Italy

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Welcome

At the weekend

1 Complete the phrases with the verbs.

get up play listen hang out go play see wear

- | | | |
|-----------------------------|-----------------------|------------------------|
| 1 <u>play</u> volleyball | 4 _____ my cousins | 7 _____ computer games |
| 2 _____ with friends | 5 _____ to the cinema | 8 _____ to music |
| 3 _____ jeans and a T-shirt | 6 _____ at 8 o'clock | |



2a Circle the correct phrases.

A William



On Saturday morning, I do my homework / listen to music.



In the afternoon, I often hang out with my friends / do my homework.



We sometimes play computer games / go to the cinema.

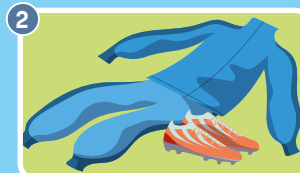


In the evening, I often play computer games / listen to music.

B Ellie



On Sunday morning, I always put on / get up at 9 o'clock.



I play football, so I always put on my hoodie / tracksuit and my football boots / shorts.



In the afternoon, I often see my grandma and grandpa / cousins.



In the evening, I sometimes hang out with friends / play computer games.

b W.01 Listen and check.

3 What do you do at the weekend? Complete the sentences so they're true for you.

- On Saturday morning, I _____.
- On Saturday afternoon, I _____.
- On Sunday evening, I _____.



The After School Club The new student

1a Read the story on Student's Book page 7 again. Circle T (True) or F (False).



Maya



Lily



Ahmed



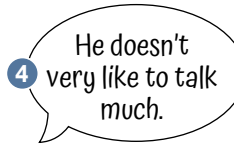
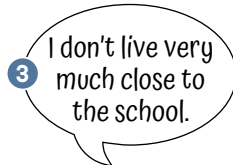
Alissa



Oliver

- | | |
|---|--------------|
| 1 Alissa is new at the club. | T / F |
| 2 Maya lives near Kingfisher Park. | T / F |
| 3 They play football at Kingfisher Park. | T / F |
| 4 They aren't very good at tennis, but they enjoy it. | T / F |
| 5 Oliver is clever and funny. | T / F |
| 6 Ahmed is never late. | T / F |

b Read the sentences. Cross out the extra words.



Let's talk! Introducing yourself and others

2a Circle the correct words.

Jack Hello, I'm Jack. ¹ **What's / Who's** your name?

Ruby Hi, I'm Ruby.

Jack Hello, Ruby. ² **Welcome / Nice** to meet you.

Ruby Nice to meet you ³ **too / again!** ⁴ **What's / Who's** that?

Jack That's Alex. Hey Alex, ⁵ **say / meet** hi to Ruby!

Alex Hi, Ruby! ⁶ **Welcome / Nice** to the football club.

b **W.02** Listen and check.

c Write your own dialogue. Use the expressions from **2a**.

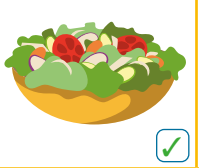
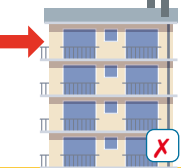
- A Hello, I'm _____ .
What's _____ ?
- B Hi, _____ .
- A Hello, _____ .
Nice _____ .
- B _____ !
Who's _____ ?
- A That's _____ .
- B Hi _____ .



Grammar review

Present simple

1a Complete the sentences about Emma, Oscar and Kiaan with the correct form of the present simple.

Emma		 ☐	 ☐	 ☒	 ☒	 ☐	 ☒
Oscar and Kiaan		 ☒	 ☐	 ☒	 ☐	 ☐	 ☒

- Emma plays (play) tennis. She doesn't play (play) volleyball.
- Emma _____ (eat) salad. She _____ (eat) steak.
- Emma _____ (live) in a flat. She _____ (live) in a house.
- Oscar and Kiaan _____ (play) football. They _____ (play) basketball.
- Oscar and Kiaan _____ (wear) red and white football shirts. They _____ (wear) blue and white football shirts.
- Oscar and Kiaan _____ (like) hamsters. They _____ (like) cats.

b W.03 Listen and check.

2 Put the words in the correct order to make sentences.

- Ruby / near / school / lives
Ruby lives near school.
- has got / Ruby / two brothers

- hasn't got / She / sisters / any

- loves / She / books / reading

- goes / She / into town / often

- loves / She / sports / really

- plays / Ruby / with her brothers / tennis

- play / doesn't / volleyball / She

3 Complete the mini-dialogues with the correct form of the present simple.

- A Does Jack _____ (play) volleyball?
B Yes, he _____ (do).
- A _____ you _____ (play) tennis?
B No, I don't. I _____ (play) basketball.
- A _____ Emily and Max _____ (hang out) with friends at the weekend?
B Yes, they _____. They often _____ (go) to the cinema.
- A _____ you sometimes _____ (go) to the cinema?
B No, I don't. I usually _____ (watch) films at home.
A Oh, I _____ (not watch) films at home. I play computer games.

4 Complete the sentences with the words so they're true for you.

never sometimes often always usually

- I _____ read books.
- I _____ wear a tracksuit.
- At the weekend, I _____ get up at 7 o'clock.
- I _____ play basketball.
- I _____ go to the library.

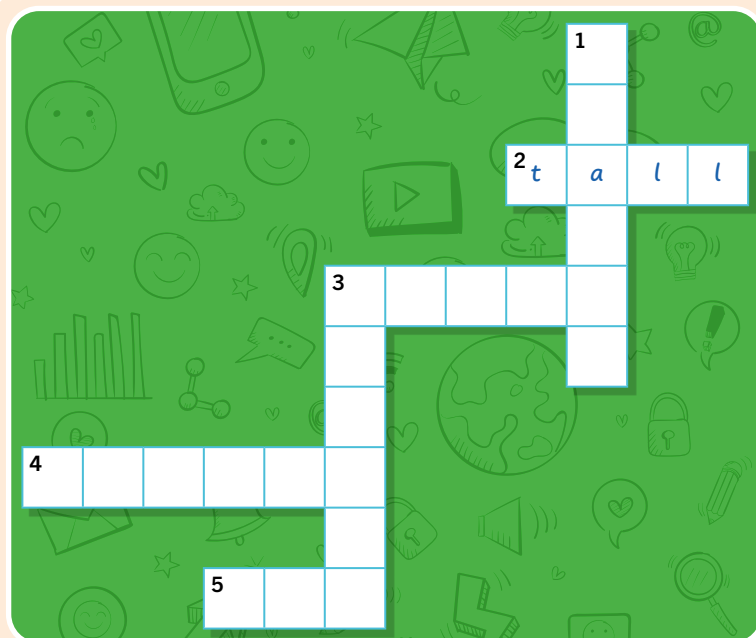


Friends

1a Put the letters in the correct order to make words.

- 1 lalt _____ *tall*
- 2 torhs _____
- 3 ttycha _____
- 4 tyorsp _____
- 5 lcvere _____
- 6 yhs _____

b Complete the crossword with words from 1a.



Across →

- 2 He isn't short. He's ...
- 3 She isn't tall. She's ...
- 4 She knows all the answers when we do a quiz. She's ...
- 5 He doesn't talk much when he meets new people. He's ...

Down ↓

- 1 He talks a lot. He's ...
- 3 He loves basketball and tennis. He's ...



2 Complete the sentences with the words.

sporty chatty short clever tall shy

- 1 My best friend is very _____. She never stops talking.
- 2 My big sister is _____. She plays football, basketball and tennis.
- 3 My little brother doesn't talk very much and he's _____ when he meets new people.
- 4 My cousin Max isn't short. He's really _____. He plays basketball.
- 5 My mum and dad always know the answers when we do quizzes. They're _____.
- 6 My grandma isn't tall. She's _____.

3a Circle the correct words.

My cousin Amy is my best friend. She never stops talking. She's ¹ **sporty** / **chatty**. She's got long black hair and green eyes. She's 1 m 80 cm. She's ² **short** / **tall**. I can tell her all my secrets. She's always there for me. My brother isn't chatty. He doesn't talk very much when he meets new people. He's ³ **short** / **shy**. He's wearing his red tracksuit and his boots because he's playing football today. He's very ⁴ **sporty** / **clever**. My two sisters aren't tall. They're ⁵ **clever** / **short**. They aren't very sporty. They don't play any sports, but they often ride their bikes. They love quizzes and they always get the answers right. They're very ⁶ **chatty** / **clever**.

b W.04 Listen and check.

4 Describe a friend or family member with the words from 1a.

Grammar review

Question forms

1 Put the words in the correct order to make questions.

1 name / What's / his / ?

What's his name?

2 you / Are / chatty / ?

3 play / she / Can / the guitar / ?

4 they / Do / basketball / play / ?

5 you / listen to / Do / music / ?

6 blue / eyes / she / Has / got / ?

2a Complete the mini-dialogues with the short answers.

No, I can't. Yes, I have. No, she doesn't.
No, they don't. Yes, he can. Yes, she has.

1 A Have you got a sister?

B _____

2 A Can your brother play the piano?

B _____

3 A Do your brother and sister play basketball?

B _____

4 A Can you play basketball?

B _____

5 A Has your mum got brown hair?

B _____

6 A Does your mum play tennis?

B _____

b W.05 Listen and check.

3 Read the answers and write the questions.

1 Where does she live?

She lives in Italy.

2 _____

She lives with her mum, dad, and grandma.

3 _____

No, she isn't. She's tall.

4 _____

Yes, she can play the guitar.

5 _____

No, she doesn't play computer games.

Present continuous

4 Complete the sentences with the present continuous form of the verbs.



1 I _____ (watch) online videos.

I _____ (not watch) TV.

2 Max _____ (not listen) to music.

He _____ (study) for a maths test.

3 We _____ (not eat) lunch now.

4 Zeynep and Mehmet _____
(play) basketball at the moment.

5 Oscar and Lucas _____
(not wear) shorts and hoodies today.

They _____ (wear) tracksuits.

6 Sophie _____ (not sleep). Her sisters
_____ (help) her with her homework.

5 What are they doing at the moment?

Write sentences in the present continuous.

1 Max / do / his English homework ✗

He / do / his science homework ✓

Max isn't doing his English homework.

He's doing his science homework.

2 Emily and Oliver / listen / to music ✓

They / play / computer games ✗

3 My cat Snowy / sit / on the sofa ✗

She / jump / and / run ✓

4 I / wear / jeans and a hoodie ✗

I / wear / shorts and a T-shirt ✓

5 We / study / for a science test ✓

We / study / for a maths test ✗

Words and phrases

At the weekend SB p. 6

do my homework	I do my homework after school.	
get up	I get up at 7 o'clock.	
go to the cinema	I often go to the cinema.	
hang out with friends	I hang out with my friends at the weekend.	
listen to music	I listen to music in my bedroom.	
play computer games	I sometimes play computer games.	
play volleyball	I don't play volleyball.	
put on clothes	I put on my tracksuit in PE class.	
see my cousins	I see my cousins on Sundays.	
wear jeans and a T-shirt	I wear jeans and a T-shirt on Saturdays.	

Let's talk! Introducing yourself and others SB p. 7

Hello, I'm ...	
What's your name?	
Let me introduce you.	
..., this is ...	
Nice to meet you!	
Nice to meet you too!	
Who's that?	
That's Hey ... , say hi to ... !	

Friends SB p. 9

chatty	My brother talks a lot. He's chatty.	
clever	My mum reads a lot of books. She's clever.	
short	My dad isn't tall. He's short.	
shy	I'm shy when I meet new people.	
sporty	My sister does five sports at school. She's very sporty.	
tall	My cousin is 11 and he's 1 metre 70 cm. He's tall!	

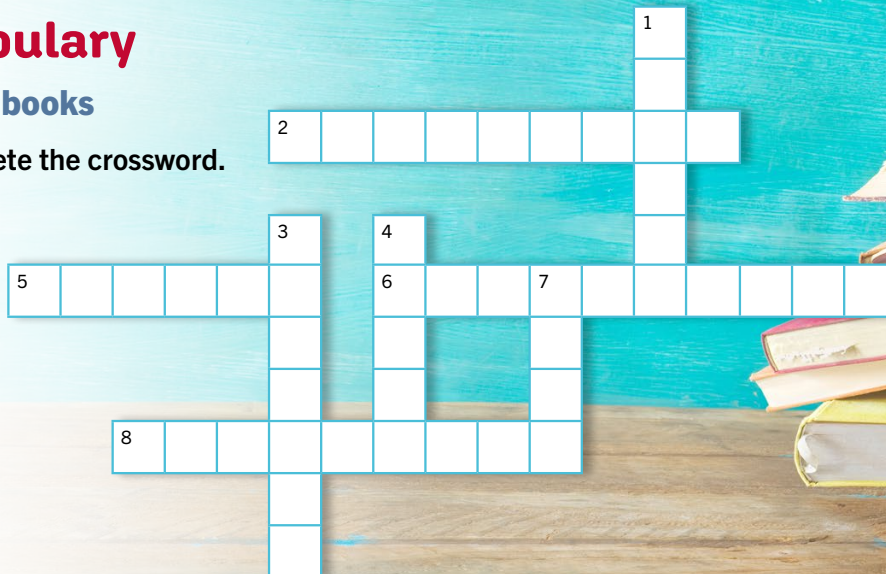
1

Stories

Vocabulary

Types of books

1 Complete the crossword.



Across →

- 2 Exciting things happen in this story.
- 5 It is often short and sometimes rhymes.
- 6 This is a story about the past.
- 8 In this story a person solves some clues.

Down ↓

- 1 This story is scary.
- 3 Strange things happen in this story.
- 4 This story is only five pages long.
- 7 This is a story about a real boy and his family.

2a What type of story is it? Read the texts and tick.

1 Miranda and Sam are in the forest now. And it's very dark. "Listen! What's that?"
"I don't know but it's scary. Let's go back."

horror story ☐

poetry ☐

3 The girl jumps from the plane onto the train. The train is moving very fast. She can see the broken bridge now. Can she stop the train in time?

historical story ☐

adventure story ☐

2 It's 1789 and Anne is living in Paris. She works in the kitchens at the Palace of Versailles.

horror story ☐

historical story ☐

4 This is the real story of a boy and his horse. It's the story of their friendship and the adventures they have together.

mystery story ☐

true story ☐

b 1.01 Listen and check.

3 Write about your family and friends. What books do they like? Why? Use the words and/or your own ideas.

clever happy about history about real people exciting scary sad

My sister likes detective stories because they are clever.



The After School Club A bad night's sleep

1a Remember the photo story on Student's Book page 13. Correct the mistakes in the sentences.

1 Lily went to bed at ~~six~~.

Lily went to bed at nine.

2 She read a horror story.

3 The book wasn't very good.

4 She fell asleep around 9 p.m.

5 In the middle of the night, she heard a cat.

6 The noise was inside.

7 She saw a strange bird on the wall.

8 Lily went to her sister's room.

b 1.02 Listen and check.

c Lily's friends listened to her story. What did they say? Tick or cross the sentences.

1 You're so silly. ☐

2 Spooky. ☐

3 The shadow wasn't there anymore! ☐

4 Got you! ☐

5 Yes, it's great. ☐

6 That's strange. ☐

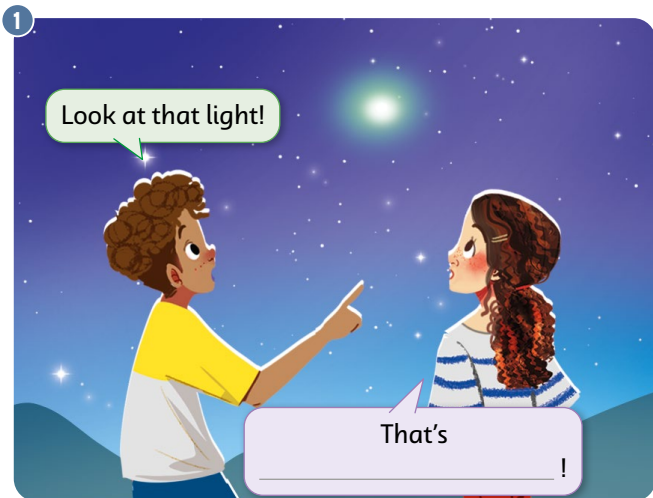
7 How weird. ☐

8 It's like a horror story. ☐

Let's talk! Saying that something is strange

2a Look at the pictures. Complete the sentences with the words.

Spooky strange weird



b Write mini-dialogues with the expressions from 2a.

A *Can you hear that noise?*

B *Yes, I can. Spooky!*

A _____

B _____

A _____

B _____

Grammar

Past simple

- 1 Complete the sentences with the past simple form of the verbs.



- 1 I _____ (not read) the horror story at night. It was scary.
- 2 They really _____ (like) the mystery story. It _____ (have) a very good ending.
- 3 We _____ (not finish) the true story. We _____ (not like) it.
- 4 We _____ (read) a historical story at school. It was about a boy. He _____ (live) in a castle in Scotland. Some people _____ (not enjoy) it but I _____ (love) it.
- 5 My favourite book from school last year was an adventure story. It was about a girl. She _____ (travel) with her aunt to the Amazon. They _____ (have) lots of adventures.

2a Write the sentences and questions in the past simple.

- 1 she / read / some poetry?
Did she read some poetry?
Yes, she did.
- 2 They / finish / the adventure story / last night

- 3 the boy in the mystery story / come / home?

Yes, he did.
- 4 The true story / have / a happy ending

- 5 I / not enjoy / the horror story

- 6 they / like / the detective story?

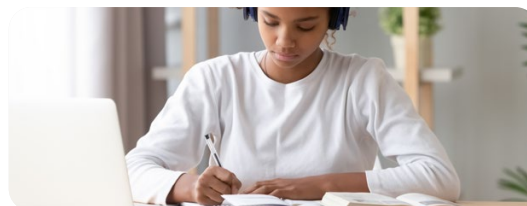
Yes, they did.

b 1.03 Listen and check.

- 3 Write the questions and answers.



- 1 Did they go to the cinema? (go to the cinema)
Yes, they did.



- 2 _____ (do her homework)
Yes, _____.



- 3 _____ (play computer games)
No, _____.



- 4 _____ (eat burgers)
No, _____.

- 4 Complete the questions with the words.

What Where When Why

- 1 _____ did you play football?
At the weekend.
- 2 _____ did you meet Megan?
At the park.
- 3 _____ did Ali and Joe do yesterday?
They played tennis.
- 4 _____ did you get up early this morning?
I had a dance class.

Vocabulary

Types of films

1 Put the letters in the correct order to make words for films.

- 1 medcoy _____
- 2 sidasert mifl _____
- 3 censiec cifniot mifl _____
- 4 rellthir _____
- 5 niocat mifl _____
- 6 matanied mifl _____

2 Match what the people say with the types of film.

- 1 ☒ b People often travel to other planets.
- 2 ☐ There are often fast cars in these films.
- 3 ☐ I always laugh a lot.
- 4 ☐ There is a mystery and it's usually scary.
- 5 ☐ They often make these films on a computer.
- 6 ☐ This film is about the end of the world. It's very scary.

- a disaster film c animated film e action film
b science fiction film d comedy f thriller



3a Complete the mini-dialogues with the words.

disaster science fiction comedy
action animated thriller

- 1 A What did you do last night?
B I watched a really good _____.
I laughed a lot.
- 2 A Did you watch that _____ film on Saturday?
B Yes, I did. A lot of New York was under water.
- 3 A What type of films do you like?
B Oh, I like a good _____.
There is always a mystery and sometimes they're scary.
- 4 A Did you go to the cinema on Sunday?
B Yes, I did. I watched a great _____ film. A man climbed Big Ben in London. It was very exciting.
- 5 A What did you do last night?
B I watched a really fun _____ film with my little brother. It was about a rabbit. We both loved it!
- 6 A Was there a good film on TV last night?
B Yes, there was. It was a _____ film. It was the year 3020 and our planet was very different.

b 1.04 Listen and check.

4 What type of films do/don't you like? Why? Write two sentences.

boring funny exciting scary

I like action films because they're exciting.

I like _____

_____.
I don't like _____

_____.

Grammar

must/mustn't

1 Write the cinema rules. Use *must* or *mustn't*.



1 You / put / feet / on the chairs

You mustn't put your feet on the chairs.

2 You / turn off / your phone

3 You / talk / during the film

4 You / sit / in the correct seat

5 You / bring / your own food and drink

2 Circle the correct verb forms to complete the rules.

1 You **must** / **mustn't** feed the animals at the zoo.

2 You **must** / **mustn't** be quiet in the library.

3 You **must** / **mustn't** eat in the classroom.

4 You **must** / **mustn't** put your rubbish in the bin.

5 You **must** / **mustn't** use your phone at school.

3 Complete the mini-dialogues with *must* or *mustn't*.

1 A Can I give the horse an apple?

B No, you can't. You feed the animals.

2 A Can we walk on the grass?

B No, you can't. You stay on the path.

3 A Can we go into the cinema now?

B No, we can't. We wait in the queue for the film.

4 A You've got some chocolate in your bag.
Can I have some?

B No, you can't. You eat in the classroom.

5 A Can we go to the zoo?

B No, we can't. You pay to get in and we haven't got any money.

4a Complete the rules with the words and *must* or *mustn't*.



carry touch stay run eat

1 You **mustn't carry** a big bag around the museum.

2 You only and drink in the café.

3 You around the museum.

4 You things inside the museum.

5 You with your group.



run put give touch be

1 Your dog near the deer.

2 You quiet near the deer.

3 You the deer.

4 You the deer food.

5 You your rubbish in the bin.

b 1.05 Listen and check.

5 Write two rules for a place you often visit.

an after school club a sports centre
the school canteen the park

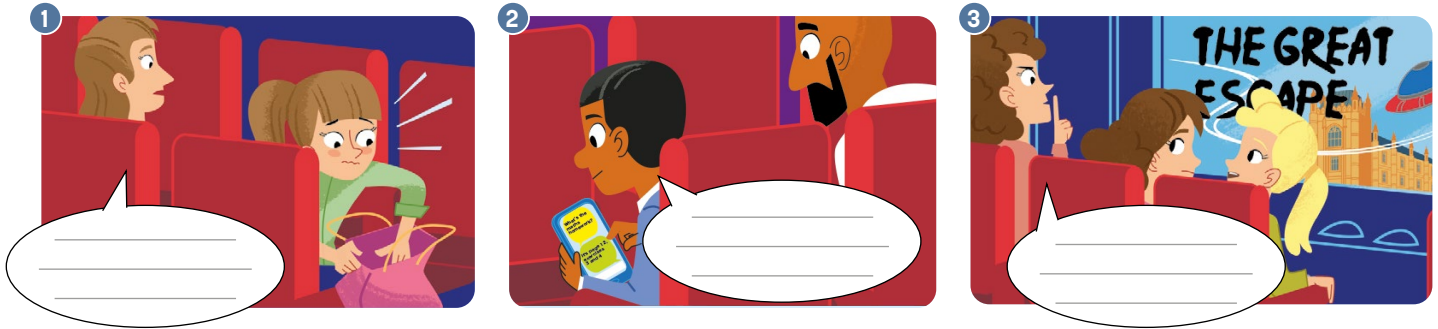
At the park, I must put rubbish in the bin.

Skills Listening and speaking

Going to the cinema

1a  1.06 Listen and match the phrases with what the people are saying in the pictures.

I must finish this message to Finn. You must turn off your phone. You mustn't talk now.



b  1.07 Listen again and answer the questions.

- 1 Why doesn't Ana turn her phone off? _____
- 2 What does Ana's mum do? _____
- 3 Why doesn't Tom turn his phone off? _____
- 4 What is the homework? _____
- 5 What type of films does Eva like? _____
- 6 What type of film are they watching? _____

Options

2 Choose **A** or **B**.

A Look at **1a**.

Write a new dialogue for picture 2.

- Who are you writing a message to?
- What homework is the message about?
- What does Dad say?

B Look at **1a**. Write a new dialogue for pictures 2 and 3.

- What type of film is it?
- What do you say?
- Do you like ... films?
- What does your friend say?
- What does Mum say?

Skills Reading and writing

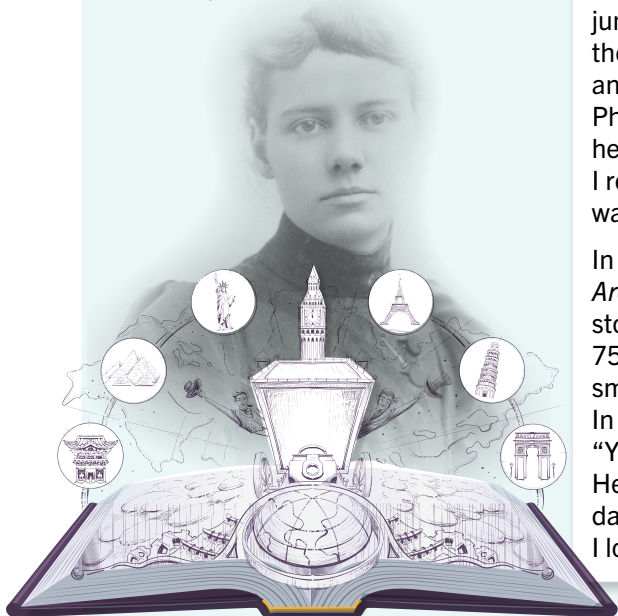
Reviews

1a Read the book review. Where did an American writer meet a French writer? Tick the correct country.

- a ☐ the United States b ☐ Italy c ☐ France d ☐ India

Review

AROUND THE WORLD IN ~~EIGHTY DAYS~~ SEVENTY-TWO DAYS!



Around the World in Eighty Days is an adventure story by the French writer Jules Verne. In the story, the hero, Phileas Fogg, must travel round the world in 80 days. He travels to many different countries and he has lots of exciting adventures. My favourite adventure is in India. Phileas takes the train from Bombay to Calcutta. The train travels through the jungle and the journey is very exciting. However, there is one big problem! The railway isn't finished, and the train stops in the middle of the jungle. Phileas can't find any other transport. In the end, he continues his journey on an elephant. I really enjoyed the book, and I loved the ending. It was a big surprise.

In 1889, a young American writer, Nellie Bly, read *Around the World in Eighty Days*. She loved the story and she decided to travel around the world in 75 days. She travelled 24,899 miles with one small bag. In France, she visited Jules Verne. He said to her, "You can't travel around the world in 75 days." He was wrong! Nellie completed the journey in 72 days. What a hero! She wrote her true story in 1890. I love it!

Comments

I agree with the reviewer. I liked the ending too. I loved the story and now I want to travel round the world.

Aisha, India

I didn't enjoy the book. I don't like adventure stories. It was boring.

Ellie, New York

I read the true story of Nellie Bly. I think it's really exciting!

Giorgio, Italy

Options

Basic text

Enriched text



b 1.08 Read again and listen. Circle the correct words.

- Around the World in Eighty Days* is a true story / an adventure story.
- The train stopped in Calcutta / the middle of the jungle.
- Phileas Fogg finished the journey to Calcutta on a horse / an elephant.
- Nellie Bly visited Jules Verne in France / India.
- She travelled round the world in 72 / 75 days.
- The writer of the first review liked / didn't like the end of the book.

Options

2 Choose A or B.

A Write a short book review.

- What is the book called?
- Who is the writer?
- What type of story is it?
adventure story true story historical story horror story
- Did you like it?

B Write a book review. Include two comments from other readers.

- What is the book called?
- Who is the writer?
- What type of story is it?
- Did you like it? Why / Why not?
- Write one positive comment.
- Write one negative comment.

Words and phrases

Types of books **SB p. 12**

adventure story	I'm reading an adventure story.	
detective story	This detective story is very clever.	
historical story	I like learning about history in historical stories.	
horror story	This horror story is very scary.	
mystery story	Mystery stories are exciting.	
poetry	We read famous poetry at school.	
short story	I write a short story in English class.	
true story	This book is a true story about a girl and her family in Africa.	

Let's talk! Saying that something is strange **SB p. 13**

How weird!	
Spooky!	
That's strange!	

Types of films **SB p. 15**

action film	This action film is exciting.	
animated film	I love watching animated films with my cousins.	
comedy	We laughed a lot in that comedy.	
disaster film	I didn't like the disaster film.	
science fiction film	In this science fiction film, people live on Mars.	
thriller	That thriller was scary!	

Everyday English (The Secret Spring) **SB p. 20**

Come on.	
I mean.	
I promise.	

2

A healthy life

Vocabulary

Healthy activities

1 Complete the phrases with the words.

do (x2) have sleep go keep be ride

- | | |
|--------------------|------------------------|
| 1 _____ for a walk | 5 _____ some puzzles |
| 2 _____ positive | 6 _____ a healthy diet |
| 3 _____ my bike | 7 _____ a diary |
| 4 _____ well | 8 _____ some exercise |

2 Complete the questions with the words and phrases from 1.

- Rosa** Do you ¹ _____ ?
- Andy** Yes, I do. I write in it every day.
- Rosa** Are you ² _____ ?
- Andy** Yes, I am. I'm always happy and I love life.
- Rosa** Does your brother ³ _____ ?
- Andy** No, he doesn't. He goes to bed very late, and he can't wake up in the mornings.
- Rosa** Do your grandma and grandpa ⁴ _____ every day?
- Andy** Yes, they do. They always take their dog with them.
- Rosa** Does your dad ⁵ _____ every day?
- Andy** No, he doesn't. He's often tired after work and he doesn't want to do any sport.
- Rosa** Does your sister ⁶ _____ ?
- Andy** Yes, she does. She eats lots of fruit and vegetables.

3a Circle the correct words.



Gaby

I don't play any sports, but I sometimes go for a ¹ **walk / exercise** in the park. I have a healthy ² **diary / diet** most of the time, but I prefer chips to salad. I like reading. I read a lot of books. I like writing too. I keep a ³ **diary / puzzle** and I write in it every day. I ⁴ **sleep / eat** well too. I go to bed at 10 p.m. and I wake up at 7 a.m.



Jon

I do some ⁵ **diet / exercise** every day. I play basketball or football most days with my friends. I also ⁶ **go / ride** my bike to school every day. I love doing ⁷ **puzzles / exercises** and I'm always happy and I enjoy life. I think I'm very ⁸ **well / positive**. Do I have a ⁹ **healthy diet / sleep**? I think I do. I eat lots of fruit and vegetables.

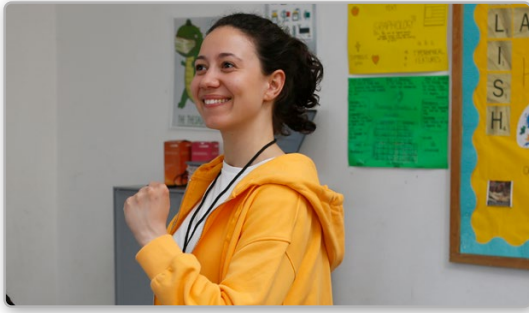
b 2.01 Listen and check.

4 Write sentences about what healthy activities you do. Use the activities in 1 and your own ideas.



The After School Club The race

1 Read the photo story on Student's Book page 25 again. Circle the correct words.



Miss Ellis is an ¹ **English / PE** teacher. She's going to be with them for three ² **days / weeks**. They are going to do ³ **exercise / football** and they are going to go ⁴ **jogging / swimming**. They aren't going to read or do any ⁵ **puzzles / exercises**. Then, on Friday they are all going to do a ⁶ **race / test**. Miss Ellis isn't going to come in ⁷ **second / third**. She isn't going to ⁸ **win / lose**.

2a Complete the dialogue with the words and phrases.

Oh no It doesn't matter we're going to do some stretching Hello, Jessica No excuses joking
a special prize for the winner I'm going to be with you

Jessica Hi, I'm Jessica. I'm your new tennis coach.

¹ _____ for the next three weeks.

James ² _____. I'm James.

Ada And I'm Ada.

Jessica Great! There's going to be a tennis tournament in three weeks. You're both going to play in the tournament. There's ³ _____.

James You're ⁴ _____.

Jessica No, I'm not.

James But I'm not very good at tennis.

Ada And I don't like tournaments.

Jessica ⁵ _____ !

Ada What if we don't win?

Jessica ⁶ _____ who wins.

So, let's get started.

First, ⁷ _____.

James ⁸ _____ !

b 2.02 Listen and check.

Let's talk! Reacting to bad news

3a Match to make expressions.

- 1 ☐ Oh dear,
- 2 ☐ You're joking!
- 3 ☐ Oh no,
- a I don't believe it!
- b that's awful!
- c I'm sorry to hear that.



b Complete the mini-dialogues with expressions from 3a.

1 **A** The new action film isn't on at the cinema today. It starts tomorrow.

B You're joking! _____ !

2 **A** I haven't got my football boots with me.

B Oh, no, _____ ! You can't play football with us now.

3 **A** Jess isn't coming with us today. She isn't very well.

B Oh dear, _____ .

Grammar

going to

1a Write sentences with the correct form of (not) going to.

Next year ...

1 Mia and Oscar / ride / their bikes to school

2 Sophie / walk / to school

3 Jack / not eat / chocolate / every day

4 Ruby / keep / a diary

5 Max / not go to bed / late

6 Alex / do / some exercise / every day

7 Zak and Zara / have / a healthy diet

8 Lily / not do / puzzles / late at night

b 2.03 Listen and check.

2 Complete the sentences with the correct form of going to and the verbs.

1 I _____ (not play) tennis at the weekend.

I _____ (play) volleyball.

2 Ella _____ (not read) an adventure story tonight.

She _____ (read) some poetry.

3 Max and Jack _____ (not watch) an action film tomorrow.

They _____ (watch) a comedy.

4 Mum _____ (not eat) burger and chips for lunch.

She _____ (eat) chicken and salad.

5 We _____ (not ride) our bikes on Sunday.

We _____ (go) for a walk.

6 Jack _____ (not listen) to rock music tonight.

He _____ (listen) to pop music.

3a What are Marta and Nico going to do this weekend? Write short answers to the questions.



Activity	Marta	Nico
Listen to music	✓	✗
Go for a walk	✗	✓
Do some puzzles	✓	✗
Watch a film	✓	✓
Go swimming	✗	✗
Play basketball	✓	✓

1 Is Marta going to listen to music?

Yes, she is.

2 Is Nico going to go for a walk?

3 Is Marta going to do some puzzles?

4 Is Nico going to listen to music?

5 Are Marta and Nico going to go swimming?

6 Are they going to watch a film?

b Write three more questions and answers about Marta and Nico in 3a.

1 (Nico) _____

2 (Marta) _____

3 (Marta and Nico) _____

4 Write three sentences about what you're going to do this weekend with the correct form of (not) going to and the verbs.

play watch have go buy

1 _____

2 _____

3 _____

Vocabulary

Healthy and unhealthy food

1 Find ten food and drink words.

F I Z Z Y D R I N K D H Z
G A P P L E S Q M A W C C
N A S Y D Q L C R I S P S
I N X J O K E H R I Q B D
L U E V M A N G O P I E E
Y T D C G I T F D A K A Q
U S A E F P I S A E V N K
B R O C C O L I Q N I S A
M G W G O S S P I N A C H
C A R R O T C A K E P I U

2 Read the dialogues and tick the correct options.

- 1 A Do you like lentils?
B Yes, I do. I love them.



- 2 A Do you eat a lot of vegetables?
B Yes, I do. I love broccoli.



- 3 A Do you want a mango?
B Yes, please.



- 4 A Can I have some nuts?
B Yes, you can.



3a Put the letters in the correct order to complete the text.



Hi, I'm Sophie. I eat lots of fruit. Fruit is good for you. I love ¹ _____ (lesapp) and bananas. I like vegetables too. My favourite vegetable is ² _____ (colibroc). I don't like ³ _____ (sneab) or ⁴ _____ (tilenls). I don't like ⁵ _____ (yizzf kindrs). I usually drink water. For a snack, I sometimes eat ⁶ _____ (priscs) but I usually just eat some ⁷ _____ (tuns).

b 2.04 Listen and check.

4 Write sentences about the food in 1 with *like / don't like / love* so they're true for you.

I like nuts. I don't like crisps. I love apples.

Grammar

Countable and uncountable nouns

1 Write the words from the shopping list in the correct column in the table.



Countable	Uncountable
<u>apples</u>	

2a Complete the dialogue with *some* and *any*.

Alice Are you going to go to the supermarket, Dad?

Dad Yes, I am.

Alice Can you buy ¹ _____ apples
and ² _____ grapes?

Dad Yes, I can. Have we got ³ _____
rice?

Alice No, we haven't got ⁴ _____ rice. Why?

Dad There's ⁵ _____ chicken in the
fridge, so I'm going to make a chicken curry with
⁶ _____ rice and
⁷ _____ spinach.

Alice Oh, great. But we haven't got
⁸ _____ spinach.

Dad Don't worry. It's on my shopping list.

b 2.05 Listen and check.

3a What's in Alex's lunch box? Write sentences with the correct form of *be* and *a/an* or *some/any*.

1 There / be / nuts

There are some nuts.

2 There / not be / spinach

There isn't any spinach.

3 There / be / cheese

4 There / be / cupcake

5 There / be / strawberries

6 There / be / apple

7 There / not be / chocolate

8 There / be / orange juice

b Write three questions to ask Alex about his lunchbox. Then write the short answers.

Is there an apple?

Is there any spinach?

Yes, there is.

No, there isn't.

4 Imagine you have a lunchbox.

What is/isn't in it? Write sentences.

There's some ... There isn't any ...
There are some ... There aren't any ...

Skills Listening and speaking

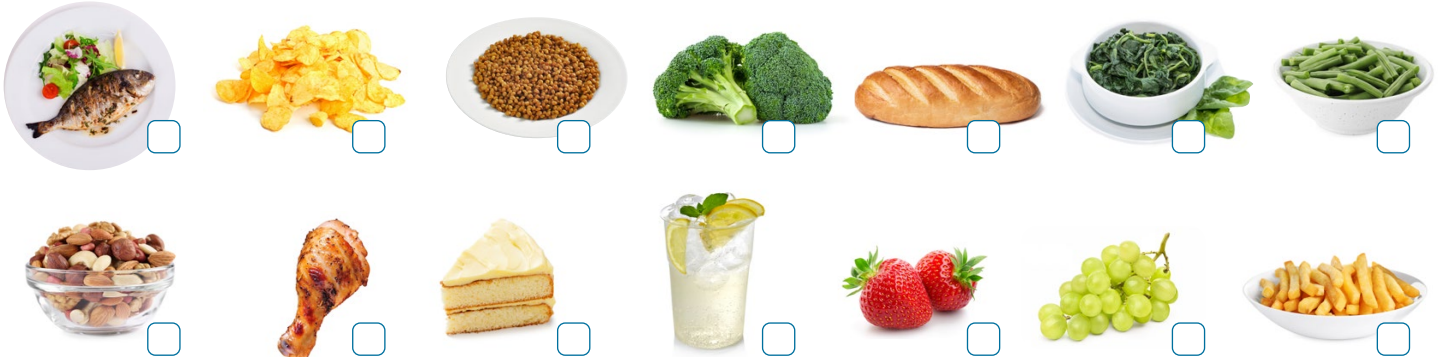
Healthy choices

1a 2.06 Listen and circle the correct options.

- 1 Elif doesn't eat any ...
 - a fish.
 - b lentils.
 - c spinach.
- 2 Jacob doesn't eat any ...
 - a cake.
 - b fruit.
 - c chips.



b 2.07 Listen again and tick the food Elif and Jacob talk about.



c 2.08 Listen again and circle the correct words.

- 1 Elif eats some / doesn't eat any lentils.
- 2 Elif eats lots of / doesn't eat any fish.
- 3 Elif loves / doesn't like broccoli and spinach.
- 4 Elif says there aren't any / are lots of vegetables in soup.
- 5 Jacob often eats some fish and chicken / beans and lentils.
- 6 Elif tells Jacob to eat lots of nuts / strawberries with his cake.

2 Match the two correct answers with the questions.

- 1 ☐ What is Jacob's advice?
 - 2 ☐ What is Elif's advice?
- a Eat some fruit with the cake.
 - b Don't eat any chips.
 - c Try some new vegetable recipes.
 - d Don't eat any cake.

Options

3 Choose A or B.

A Create a healthy meal plan for someone in your family. Use some of the food items in 1.

This meal is for my _____. He likes _____ but he doesn't like _____ or _____.

This _____ has got lots of _____ in it.

He doesn't eat any _____.

He really likes _____.

B Create a healthy meal plan and share healthy eating advice for someone in your family.

This meal is very healthy. It's got lots of _____ in it.

How about trying some _____?

You like _____.

Why don't you make _____ with lots of _____?

Skills Reading and writing

Sleep and dreams

1a Read the texts. Match the dreams with the photos.

DREAM 1

There is one dream I always remember. I'm falling. I can feel it too. Sometimes I'm flying and then I fall, and sometimes I fall from a high place. I feel scared because I think I'm going to hit the ground. But I always wake up before that happens. What does it mean?

DREAM 2

I don't remember all my dreams, but I always remember this one! I dream that I get to school and there's an exam. It's often on a new subject or it's about a book I don't know. I feel very nervous. I'm not prepared, and I know I'm going to do badly. Luckily, I always wake up before the exam starts.

DREAM 3

I dream about climbing a lot. Sometimes I'm climbing up a mountain and sometimes I'm climbing down. I'm always happy climbing up the mountain, but I hate climbing down. I think I'm going to fall and I feel very scared!

DREAM 4

Sometimes I really enjoy my dream. I'm doing something that I can't do in the real world. I'm having an adventure and it's really exciting! Sometimes I'm in a flying car and I'm looking down on the world. Other times, I'm riding on a giraffe and we're going very fast, or I'm best friends with a lion. I love those weird dreams and I don't want to wake up.

Options

Basic text

Enriched text



b 2.09 Read the texts again and listen. Answer the questions.

DREAM 1

1 He always remembers one dream. What happens in that dream?

2 When does he wake up in the dream?

DREAM 2

3 What kind of exam is it in the girl's dream?

4 When does she wake up in the dream about exams?

DREAM 3

5 How does the boy feel when he's climbing up the mountain?

6 What frightens the boy in his dream?

DREAM 4

7 Why does the boy like his "weird" dreams?

8 What animal does the boy become friends with in his dream?

Options

2 Choose A or B.

A Write a short text about one of your dreams.

- How often does it happen?
- What happens?
- How do you feel?

B Write a text about one of your dreams.

- How often does it happen?
- What happens?
- How do you feel?
- What do you think it means?
- When do you usually wake up in the dream?

Words and phrases

Healthy activities **SB p. 24**

be positive	My mum is always very positive.	
do some exercise	We must do some exercise every day.	
do some puzzles	I do some puzzles to relax.	
go for a walk	It's a nice day. Let's go for a walk.	
have a healthy diet	It's important to have a healthy diet.	
keep a diary	Do you keep a diary?	
ride my bike	I ride my bike to school.	
sleep well	I sleep eight hours a day. I always sleep well.	

Let's talk! Reacting to bad news **SB p. 25**

Oh dear, I'm sorry to hear that.	
Oh no, that's awful!	
You're joking! I don't believe it!	

Healthy and unhealthy food **SB p. 27**

apple	Apples are my favourite fruit.	
beans	I love green beans with tomato.	
broccoli	My brother doesn't like broccoli.	
carrot cake	Carrot cake is delicious.	
crisps	Would you like some crisps?	
fizzy drink	Fizzy drinks aren't good for your teeth.	
lentils	My grandma makes lentil soup.	
mango	My mum puts mango in her salads.	
nuts	Nuts are a healthy snack.	
spinach	I love spinach, but my dad hates it.	

Everyday English (The Secret Spring) **SB p. 32**

Get it?	
Here you are.	
Let me explain.	