

The Hokey Cokey

Song lyrics

You put your right arm in,
You put your right arm out,
In, out, in, out, shake it all about.
You do the Hokey Cokey
And you turn around.
That's what it's all about!

Chorus:

Oh, oh, the Hokey Cokey
Oh, oh the Hokey Cokey
Oh, oh, the Hokey Cokey
Knees bend, arms stretch, ra! ra!ra!

You put your left leg in,
You put your left leg out,
In, out, in, out, shake it all about.
You do the Hokey Cokey
And you turn around.
That's what it's all about!

Chorus

You put your little nose in,
You put your little nose out,
In, out, in, out, shake it all about.
You do the Hokey Cokey
And you turn around.
That's what it's all about!

Chorus

You put your two ears in,
You put your two ears out,
In, out, in, out, shake it all about.
You do the Hokey Cokey
And you turn around.
That's what it's all about!

Chorus

You put your whole self in,
You put your whole self out,
In, out, in, out, shake it all about,
You do the Hokey Cokey
And you turn around.
That's what it's all about!

Chorus

About the song

This is a song that is often sung at parties and especially at events like New Year's Eve. It is a song that involves people standing and dancing in a circle. As each part of the body is sung about, the dancers have to put that part of the body 'into' the circle and out again. When you 'do the Hokey Cokey' you can do it any way you wish but it might help to hold your hands together in front of you and rock your arms from left to right then 'knees bend, arms stretch,' is as it says. This is a great song for practising language for parts of the body and having fun.

Teacher's preparation

- ★ Be ready to pre-teach *whole self*, *shake it all about*, *turn around*, *knees bend*, *arms stretch*, miming these actions or pointing to these parts of the body.
- ★ Create a large space for the Hokey Cokey. The group should get in a large circle and follow the instructions. In the chorus everyone holds hands and jumps together inside the circle and then goes out again ready for the next verse.
- ★ Be ready to pre-teach vocabulary for 'interesting' parts of the body e.g. *ears*, *knuckles*, *bottom*, *big toe*.
- ★ Have a list of parts of the body at the beginning of the lesson.
- ★ Give one photocopy of page 19 to each pupil.

Materials list:

- ★ Pencil/pen
- ★ Photocopy of page 19
- ★ Coloured pencils/felt-tips

Setting the song scene (5-10 minutes)

- 1 Ask the pupils to listen to the song and complete the chart at the top of page 19. You will have to play the song twice to make sure that all of the class have had time to carry this out.
- 2 When this is done, compare the results and see if everyone in the class has the same information. This may involve a short discussion.

Task 1 (15-20 minutes)

- 1 Ask the class to identify parts of the body and point out to them including *eyes*, *ears*, *whole self* (you can pre-teach these words, *hand* and *face*).
- 2 Ask the class to label these parts of the body on page 19.

Task 2 (15-20 minutes)

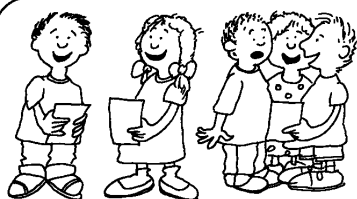
- 1 Ask the class if they can identify the English names for more 'interesting' parts of the body. You may have to help them with some from the list above.
- 2 Put the names for these parts of the body on the board and have a game to see if the class can point to each one when you call it out. You may have to help them.
- 3 Now ask the class to label these parts on the body on page 19.

Task 3 (20-30 minutes)

- 1 Ask the class to listen to the song and point to the part of their body that is being sung about. Check that they are right.
- 2 Now tell them to get into a circle and that they will dance and sing the *Hokey Cokey*. You may want to take them through one verse first and then start again until everyone gets the idea of it.
- 3 Now play the song and the whole class has to follow the instructions in the song and 'do the Hokey Cokey'.
- 4 Sing the song again without the recording and this time ask children to suggest an 'interesting' part of the body to use for the dance.

Extension activities for this song:

- 1 Make a list of the funniest/ most interesting parts of the body.
- 2 Design a Hokey Cokey that you can do sitting down.



Who's singing?

☐ How many verses are there in the song?

This is a song about...



This song makes me feel...

